

Cycle Day: 1

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

Breakfast

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	X	X	X	X	X	X	X	1/2 Cup Beverage Juice /	X	1/2 Cup Beverage Juice /	1/2 Cup Beverage Juice /	X	X
Oatmeal Cinnamon & Raisin 1	1 1/4 Cup	X	X	X	X	X	X	X	1 Cup	Grits FG	3/4 Cup Oatmeal FG 2	3/4 Cup Oatmeal FG 2	1 Cup Grits FG	X
Breakfast Sausage FG	1 Ounce	X	X	1 Each Egg Boiled Whole	1 Each Egg Boiled Whole	1 Each Egg Boiled Whole	1 Wz Cured Turkey	X	X	X	2 Ounce	2 Ounce	X	X
Pancakes	2 Each	X	2 Slice White Bread	X	X	2 Slice White Bread	2 Slice White Bread	X	1 Each	1 1/4 Cup Lyonnaise Potatoes	X	X	X	X
Margarine PC	No	No	No	No	No	No	No	No	2 Each	No	3 Each	3 Each	No	No
Syrup Pancake PC 1	1 Each	X	Jelly Apple PC 1	X	X	Jelly Apple PC 1	Jelly Apple PC 1	X	X	3 Each Margarine	Diet Syrup	Diet Syrup	X	X
Sugar PC	3 Each	X	X	X	X	X	X	X	X	X	2 Each Sugar Sub	2 Each Sugar Sub	X	X
Coffee	1 Cup	X	X	X	X	X	X	X	X	X	X	X	X	No
Beverage Rich & Tasty	No	1 Each	No	1 Each	1 Each	No	No	No	No	No	1 Each	1 Each	No	1 Each

Lunch

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	1 Each Beverage Rich &	X	X	X	X	X	X	X	X	1 Each Beverage Rich &	1 Each Beverage Rich &	X	1 Each Beverage Rich &
Turkey Bologna Sliced 1 FG	2 WZ	X	3 WZ	No	No	No	3 WZ	X	1 Wz	X	X	X	No	X
Sliced Cheese	1 Slice	X	No	6 Slices	6 Slices	1 Cup Pinto Bean Salad	No	X	1/2 Cup Applesauce FG	X	X	X	6 Slices	X
TSG Hoagie Roll 4 FG	Each	X	X	X	X	X	X	X	2 Slice White Bread	4 Each Corn Tortilla	4 Slice White Bread	4 Slice White Bread	X	X
Mustard PC	1 Each	X	X	X	X	3 Each Margarine	X	X	2 Each Margarine	X	X	X	X	X
Cookies Assorted IW 1.2	1 Each	X	1/2 Cup Applesauce FG	X	X	3/4 Cup Applesauce FG	3/4 Cup Applesauce FG	X	X	1/2 Cup Applesauce FG	1 Cup Diet Applesauce	1 Cup Diet Applesauce	X	X

Cycle Day: 1

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

Dinner

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	1 Each Beverage Rich &	X	X	X	X	X	X	X	X	X	X	X	1 Each Beverage Rich &
Spanish Rice FG	1 1/4 Cup	X	X	4 Ounce Vegetable Burge	4 Ounce Vegetable Burge	4 Ounce Vegetable Burge	3 Ounce Poultry Patty [PG	X	3 Ounce Poultry Patty [PG	X	3/4 Cup	3/4 Cup	4 Ounce Poultry Patty [PG	X
Rice FG	No	No	No	1 Cup	1/2 Cup	1 Cup	1 1/4 Cup	No	1 Cup	No	No	No	1 Cup	No
Pinto Beans FG	1 Cup	X	X	X	3/4 Cup Seasoned Soy C	X	X	No	No	1 1/4 Cup	1/2 Cup	1/2 Cup	No	X
Glazed Carrots Raw Cook Ch	1/2 Cup	X	X	X	X	X	X	3/4 Cup	X	X	1 Cup Carrots Cooked	1 Cup Carrots Cooked	X	X
Bread	2 Slice	X	X	X	X	X	X	4 Slice	X	2 Each Corn Tortilla	1 Slice	1 Slice	X	X
Marqarine PC	2 Each	X	X	3 Each	3 Each	3 Each	3 Each	X	X	X	3 Each	3 Each	X	X
Cupcake [YMX] FG	Each	X	1/2 Cup Applesauce FG	X	X	3/4 Cup Applesauce FG	1/2 Cup Applesauce FG	X	X	1/2 Cup Applesauce FG	1/2 Cup Diet Applesauce	1/2 Cup Diet Applesauce	X	X
Cupcake Glaze FG	1 Fz	X	No	X	X	No	No	X	X	No	No	No	X	X
Snack 253	No	1 Snack	No	No	No	No	No	No	1 Sack Snack Renal 231	No	No	1 Snack Snack 233	No	1 Snack

Cycle Day: 2

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

Breakfast

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	X	X	X	X	X	X	X	1/2 Cup Beverage Juice /	X	1/2 Cup Beverage Juice /	1/2 Cup Beverage Juice /	X	X
Grits FG	1 1/4 Cup	X	X	X	X	X	X	X	1 Cup	X	3/4 Cup	3/4 Cup	1 Cup	X
Turkey Hashbrown Casserole	1 1/4 Cup	X	X	4 Ounce Vegetable Burge	4 Ounce Vegetable Burge	4 Ounce Vegetable Burge	2 Ounce Poultry Patty [PG	X	2 Each Egg Boiled Whol	2 Wz Cured Turkey	3/4 Cup	3/4 Cup	2 Each Egg Boiled Whol	X
Potatoes FG	No	No	No	1 Cup	1 Cup	1 Cup	1 Cup	No	No	No	No	No	No	No
Potatoes FG	No	No	No	No	No	No	No	No	No	1 Cup	No	No	No	No
Biscuit FG	1/48 Cut	X	X	X	X	X	2 Slice White Bread	X	1 Slice White Bread	2 Each Corn Tortilla	X	X	X	X
Marqarine PC	No	No	No	No	No	No	No	No	2 Each	No	3 Each	3 Each	No	No
Sugar PC	3 Each	X	X	X	X	X	X	X	X	X	2 Each Sugar Sub	2 Each Sugar Sub	X	X
Coffee	1 Cup	X	X	X	X	X	X	X	X	X	X	X	X	No
Beverage Rich & Tasty	No	1 Each	No	1 Each	1 Each	No	No	No	No	No	1 Each	1 Each	No	1 Each

Lunch

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	1 Each Beverage Rich &	X	X	X	X	X	X	X	X	1 Each Beverage Rich &	1 Each Beverage Rich &	X	1 Each Beverage Rich &
Turkev Salad ITSPCI FG	3 Ounce	X	X	3 Wz Egg Salad FG	3 Wz Egg Salad FG	3 Wz Egg Salad FG	3 WZ Turkey Bologna :	X	3 Wz Egg Salad FG	X	X	X	3 Wz Egg Salad FG	X
Applesauce FG	No	No	No	No	No	No	No	No	1/2 Cup	No	No	No	No	No
Bread	4 Slice	X	X	X	X	X	X	X	2 Slice	4 Each Corn Tortilla	X	X	X	X
Mustard PC	No	No	No	No	No	No	1 Each	No	No	No	No	No	No	No
Cookies Assorted IW 1.2	1 Each	X	1/2 Cup Applesauce FG	X	X	3/4 Cup Applesauce FG	3/4 Cup Applesauce FG	X	X	1/2 Cup Applesauce FG	1 Cup Diet Applesauce	1 Cup Diet Applesauce	X	X

Cycle Day: 2

Dinner

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	1 Each Beverage Rich &	X	X	X	X	X	X	X	X	X	X	X	1 Each Beverage Rich &
Baked Chicken	6 Ounce	X	X	4 Ounce Vegetable Burge	4 Ounce Vegetable Burge	4 Ounce Vegetable Burge	3 Ounce Poultry Patty [PG	X	3 Ounce Poultry Patty [PG	4 Ounce Poultry Patty [PG	X	X	X	X
Dinner Gravv FG	1/2 Cup	X	X	No	No	No	X	X	No	No	1 Fz	1 Fz	X	X
Stuffing FG	1/48 Cut	X	X	X	X	X	1 1/4 Cup Potatoes FG	X	1 Cup Rotini FG	1 1/4 Cup Potatoes FG	X	X	1 Cup Potatoes FG	X
Broccoli Raw Cook Chill	1/2 Cup	X	X	X	X	X	X	X	X	X	1 Cup	1 Cup	X	X
TSG Premium Dinner Roll 1.9	1 Each	X	X	X	X	X	X	X	X	2 Each Corn Tortilla	X	X	X	X
Margarine PC	2 Each	X	X	3 Each	3 Each	3 Each	3 Each	X	X	X	3 Each	3 Each	X	X
Vanilla Pudding FG	3/4 Cup	X	1/2 Cup Applesauce FG	X	X	Applesauce FG	1/2 Cup Applesauce FG	X	Applesauce FG	1/2 Cup Applesauce FG	1/2 Cup Diet Applesauce	1/2 Cup Diet Applesauce	X	X
Snack 253	No	1 Snack	No	No	No	No	No	No	1 Sack Snack Renal 231	No	No	1 Snack Snack 233	No	1 Snack

Cycle Day: 3

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

Breakfast

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	X	X	X	X	X	X	X	1/2 Cup Beverage Juice /	X	1/2 Cup Beverage Juice /	1/2 Cup Beverage Juice /	X	X
Boiled Egg	No	No	No	No	No	No	No	No	2 Each	No	No	No	No	No
Scrambled Eggs	3 WZ	X	X	X	X	X	No	X	No	X	X	X	X	X
Turkey Bologna Sliced 1 FG	1 Wz	X	X	No	No	No	X	X	No	X	X	X	No	X
Potatoes FG	1 Cup	X	X	X	X	X	X	X	Oatmeal Cinnam	X	X	X	X	X
Biscuit FG	1/48 Cut	X	X	X	X	X	2 Slice White Bread	X	1 Slice White Bread	2 Each Corn Tortilla	X	X	X	X
Breakfast Gravy FG	1/2 Cup	X	X	3 Each Margarine	3 Each Margarine	3 Each Margarine	X	X	2 Each Margarine	3 Each Margarine	1 Fz	1 Fz	X	X
Sugar PC	3 Each	X	X	X	X	X	X	X	X	X	2 Each Sugar Sub	2 Each Sugar Sub	X	X
Coffee	1 Cup	X	X	X	X	X	X	X	X	X	X	X	X	No
Beverage Drink	1 Cup	X	No	X	X	X	X	X	X	X	X	X	X	X

Lunch

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	1 Each Beverage Rich &	X	X	X	X	X	X	X	X	1 Each Beverage Rich &	1 Each Beverage Rich &	X	1 Each Beverage Rich &
Cured Turkey	2 Wz	X	3 Wz	No	No	No	3 Wz	X	1 Wz Turkey Bologna :	X	X	X	No	X
Sliced Cheese	1 Slice	X	No	6 Slices	6 Slices	1 Cup Pinto Bean Salac	No	X	1/2 Cup Applesauce FG	X	X	X	6 Slices	X
TSG Hoaqie Roll 4 FG	Each	X	X	X	X	X	X	X	X	4 Each Corn Tortilla	4 Slice White Bread	4 Slice White Bread	X	X
Mustard PC	1 Each	X	X	X	X	3 Each Margarine	X	X	2 Each Margarine	X	X	X	X	X
Cookies Assorted IW 1.2	1 Each	X	1/2 Cup Applesauce FG	X	X	3/4 Cup Applesauce FG	3/4 Cup Applesauce FG	X	X	1/2 Cup Applesauce FG	1 Cup Diet Applesauce	1 Cup Diet Applesauce	X	X

Cycle Day: 3

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

Dinner

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	1 Each Beverage Rich &	X	X	X	X	X	X	X	X	X	X	X	1 Each Beverage Rich &
Salisbury Patty FG	3.6 Ounce	X	X	4 Ounce Vegetable Burge	4 Ounce Vegetable Burge	4 Ounce Vegetable Burge	3 Ounce Poultry Patty [PG	X	3 Ounce Poultry Patty [PG	4 Ounce Poultry Patty [PG	X	X	4 Ounce Poultry Patty [PG	X
Dinner Gravv FG	1/2 Cup	X	X	No	No	No	X	X	No	No	1 Fz	1 Fz	X	X
Potatoes FG	1 1/4 Cup	X	X	X	X	X	X	X	1 Cup Rice FG	X	1 Cup	1 Cup	X	X
Green Bean Raw Cook Chill	1/2 Cup	X	X	X	X	X	X	X	X	X	1 Cup	1 Cup	X	X
Bread	2 Slice	X	X	X	X	X	X	X	X	2 Each Corn Tortilla	X	X	X	X
Margarine PC	2 Each	X	X	3 Each	3 Each	3 Each	3 Each	X	X	X	3 Each	3 Each	X	X
Cupcake [YMX] FG	Each	X	1/2 Cup Applesauce FG	X	X	3/4 Cup Applesauce FG	1/2 Cup Applesauce FG	X	X	1/2 Cup Applesauce FG	1/2 Cup Diet Applesauce	1/2 Cup Diet Applesauce	X	X
Cupcake Glaze FG	1 Fz	X	No	X	X	No	No	X	X	No	No	No	X	X
Snack 253	No	1 Snack	No	No	No	No	No	No	1 Sack Snack Renal 231	No	No	1 Snack Snack 233	No	1 Snack

Cycle Day: 4

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

Breakfast

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	X	X	X	X	X	X	X	1/2 Cup Beverage Juice /	X	1/2 Cup Beverage Juice /	1/2 Cup Beverage Juice /	X	X
Oatmeal Cinnamon & Raisin I	1 1/4 Cup	X	X	X	X	X	X	X	2 Each Egg Boiled Whol	Grits FG	3/4 Cup Oatmeal FG 2	3/4 Cup Oatmeal FG 2	1 Cup Grits FG	X
Scrambled Eggs	3 WZ	X	X	X	X	X	1 Wz Turkey Bologna :	X	No	X	X	X	X	X
Cornbread FG	1/48 Cut	X	2 Slice White Bread	X	X	2 Slice White Bread	2 Slice White Bread	X	1 Slice White Bread	1 1/4 Cup Lyonnaise Potatc	X	X	X	X
Marqarine PC	No	No	No	No	No	No	No	No	2 Each	No	3 Each	3 Each	No	No
Sugar PC	3 Each	X	X	X	X	X	X	X	X	X	2 Each Sugar Sub	2 Each Sugar Sub	X	X
Coffee	1 Cup	X	X	X	X	X	X	X	X	X	X	X	X	No
Beverage Rich & Tasty	No	1 Each	No	1 Each	1 Each	No	No	No	No	No	1 Each	1 Each	No	1 Each

Lunch

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	1 Each Beverage Rich &	X	X	X	X	X	X	X	X	1 Each Beverage Rich &	1 Each Beverage Rich &	X	1 Each Beverage Rich &
Peanut Butter PC 2	1 Each	X	X	X	X	3 Wz Egg Salad FG	3 WZ Turkey Bologna :	X	X	X	X	X	X	X
Jelly Apple PC 1	1 Each	X	X	X	X	No	No	X	X	X	No	No	X	X
Bread	4 Slice	X	X	X	X	X	X	X	X	4 Each Corn Tortilla	3 Slice	3 Slice	X	X
Marqarine PC	No	No	No	No	No	3 Each	1 Each Mustard PC	No	No	No	No	No	No	No
Cookies Assorted IW 1.2	1 Each	X	1/2 Cup Applesauce FG	X	X	3/4 Cup Applesauce FG	3/4 Cup Applesauce FG	X	X	1/2 Cup Applesauce FG	1 Cup Diet Applesauce	1 Cup Diet Applesauce	X	X

Dietary Manager _____ Approval Date _____ Dietary Consultant *Ketlage* _____ Approval Date 1/19/2022

Cycle Day: 4

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

Dinner

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	1 Each Beverage Rich &	X	X	X	X	X	X	X	X	X	X	X	1 Each Beverage Rich &
Beef & Noodles FG	1 1/4 Cup	X	X	4 Ounce Vegetable Burge	4 Ounce Vegetable Burge	4 Ounce Vegetable Burge	3 Ounce Poultry Patty [PG	X	3 Ounce Poultry Patty [PG	4 Ounce Poultry Patty [PG	3/4 Cup	3/4 Cup	4 Ounce Poultry Patty [PG	X
Rotini FG	No	No	No	No	No	1 Cup	1 Cup	No	1 Cup	1 1/4 Cup Rice FG	No	No	1 Cup	No
Au Gratin Potatoes FG	1 Cup	X	Pinto Beans FG	X	X	Pinto Beans FG	Pinto Beans FG	X	No	1 1/4 Cup Pinto Beans FG	1/2 Cup Pinto Beans FG	1/2 Cup Pinto Beans FG	No	X
Broccoli Raw Cook Chill	1/2 Cup	X	X	X	X	X	X	3/4 Cup	X	X	1 Cup	1 Cup	X	X
Dinner Roll	1 Each	X	X	X	X	X	X	2 Each	X	2 Each Corn Tortilla	X	X	X	X
Marqarine PC	2 Each	X	X	3 Each	3 Each	3 Each	3 Each	X	X	X	3 Each	3 Each	X	X
Cupcake [YMX] FG	Each	X	1/2 Cup Applesauce FG	X	X	3/4 Cup Applesauce FG	1/2 Cup Applesauce FG	X	X	1/2 Cup Applesauce FG	1/2 Cup Diet Applesauce	1/2 Cup Diet Applesauce	X	X
Cupcake Glaze FG	1 Fz	X	No	X	X	No	No	X	X	No	No	No	X	X
Snack 253	No	1 Snack	No	No	No	No	No	No	1 Sack Snack Renal 231	No	No	1 Snack Snack 233	No	1 Snack

Cycle Day: 5

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

Breakfast

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	X	X	X	X	X	X	X	1/2 Cup Beverage Juice /	X	1/2 Cup Beverage Juice /	1/2 Cup Beverage Juice /	X	X
Frosted Flakes	1 Cup	X	X	X	X	X	X	X	3/4 Cup	X	3/4 Cup Cold Cereal	3/4 Cup Cold Cereal	X	X
Grits FG	1 1/4 Cup	X	X	X	X	X	X	X	1 Cup	X	No	No	1 Cup	X
Cured Turkey	1 Wz	X	X	1 Each Egg Boiled Whol	1 Each Egg Boiled Whol	1 Each Egg Boiled Whol	X	X	2 Each Egg Boiled Whol	X	2 Wz	2 Wz	3 WZ Scrambled Eggs	X
Biscuit FG	1/48 Cut	X	X	X	X	X	2 Slice White Bread	X	1 Slice White Bread	2 Each Corn Tortilla	X	X	X	X
Breakfast Gravv FG	1/2 Cup	X	X	3 Each Margarine	3 Each Margarine	3 Each Margarine	X	X	2 Each Margarine	3 Each Margarine	1 Fz	1 Fz	X	X
Sugar PC	3 Each	X	X	X	X	X	X	X	X	X	2 Each Sugar Sub	2 Each Sugar Sub	X	X
Coffee	1 Cup	X	X	X	X	X	X	X	X	X	X	X	X	No
Beverage Drink	1 Cup	X	No	X	X	X	X	X	X	X	X	X	X	X

Lunch

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	1 Each Beverage Rich &	X	X	X	X	X	X	X	X	1 Each Beverage Rich &	1 Each Beverage Rich &	X	1 Each Beverage Rich &
Turkey Bologna Sliced 1 FG	2 WZ	X	3 WZ	No	No	No	3 WZ	X	1 Wz	X	X	X	No	X
Sliced Cheese	1 Slice	X	No	6 Slices	6 Slices	1 Cup Pinto Bean Salac	No	X	1/2 Cup Applesauce FG	X	X	X	6 Slices	X
TSG Hoaqie Roll 4 FG	Each	X	X	X	X	X	X	X	X	4 Each Corn Tortilla	4 Slice White Bread	4 Slice White Bread	X	X
Mustard PC	1 Each	X	X	X	X	3 Each Margarine	X	X	2 Each Margarine	X	X	X	X	X
Cookies Assorted IW 1.2	1 Each	X	1/2 Cup Applesauce FG	X	X	3/4 Cup Applesauce FG	3/4 Cup Applesauce FG	X	X	1/2 Cup Applesauce FG	1 Cup Diet Applesauce	1 Cup Diet Applesauce	X	X

Dietary Manager _____ Approval Date _____ Dietary Consultant *Kethage* _____ Approval Date 1/19/2022

Cycle Day: 5

Dinner

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	1 Each Beverage Rich &	X	X	X	X	X	X	X	X	X	X	X	1 Each Beverage Rich &
Cured Turkey	3 Wz	X	X	4 Ounce Vegetable Burge	4 Ounce Vegetable Burge	4 Ounce Vegetable Burge	X	X	3 Ounce Poultry Patty [PG	X	X	X	4 Ounce Poultry Patty [PG	X
Mac & Cheese FG	1 1/4 Cup	X	Pinto Beans FG	X	X	Pinto Beans FG	Pinto Beans FG	X	1 Cup Rice FG	Pinto Beans FG	1 Cup	1 Cup	1 Cup Rice FG	X
Glazed Carrots Raw Cook Ch	1/2 Cup	X	X	X	X	X	X	X	X	X	1 Cup Carrots Cooked	1 Cup Carrots Cooked	X	X
Bread	2 Slice	X	X	X	X	X	X	X	X	2 Each Corn Tortilla	X	X	X	X
Margarine PC	2 Each	X	X	3 Each	3 Each	3 Each	3 Each	X	X	X	3 Each	3 Each	X	X
Chocolate Pudding FG	3/4 Cup	X	1/2 Cup Applesauce FG	X	X	Applesauce FG	1/2 Cup Applesauce FG	X	Applesauce FG	1/2 Cup Applesauce FG	1/2 Cup Diet Applesauce	1/2 Cup Diet Applesauce	Applesauce FG	X
Snack 253	No	1 Snack	No	No	No	No	No	No	1 Sack Snack Renal 231	No	No	1 Snack Snack 233	No	1 Snack

Cycle Day: 6

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

Breakfast

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	X	X	X	X	X	X	X	1/2 Cup Beverage Juice /	X	1/2 Cup Beverage Juice /	1/2 Cup Beverage Juice /	X	X
Grits FG	1 1/4 Cup	X	X	X	X	X	X	X	1 Cup	X	No	No	1 Cup	X
Turkey Hash FG	1 1/4 Cup	X	X	4 Ounce Vegetable Burge	4 Ounce Vegetable Burge	4 Ounce Vegetable Burge	2 Ounce Poultry Patty [PG	X	No	2 WZ Turkey Bologna s	3/4 Cup	3/4 Cup	1 Cup	X
Scrambled Eggs	No	No	No	3 WZ	3 WZ	3 WZ	No	No	3 WZ	No	3 WZ	3 WZ	No	No
Potatoes FG	No	No	No	No	No	No	No	No	No	1 Cup	No	No	No	No
Biscuit FG	1/48 Cut	X	X	X	X	X	2 Slice White Bread	X	1 Slice White Bread	2 Each Corn Tortilla	X	X	X	X
Marqarine PC	No	No	No	No	No	No	No	No	2 Each	No	3 Each	3 Each	No	No
Sugar PC	3 Each	X	X	X	X	X	X	X	X	X	2 Each Sugar Sub	2 Each Sugar Sub	X	X
Coffee	1 Cup	X	X	X	X	X	X	X	X	X	X	X	X	No
Beverage Rich & Tasty	No	1 Each	No	1 Each	1 Each	No	No	No	No	No	1 Each	1 Each	No	1 Each

Lunch

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	1 Each Beverage Rich &	X	X	X	X	X	X	X	X	1 Each Beverage Rich &	1 Each Beverage Rich &	X	1 Each Beverage Rich &
Turkev Salad ITSPCI FG	3 Ounce	X	X	3 Wz Egg Salad FG	3 Wz Egg Salad FG	3 Wz Egg Salad FG	3 Wz Cured Turkey	X	3 Wz Egg Salad FG	X	X	X	3 Wz Egg Salad FG	X
Applesauce FG	No	No	No	No	No	No	No	No	1/2 Cup	No	No	No	No	No
Bread	4 Slice	X	X	X	X	X	X	X	2 Slice	4 Each Corn Tortilla	X	X	X	X
Mustard PC	No	No	No	No	No	No	1 Each	No	No	No	No	No	No	No
Cookies Assorted IW 1.2	1 Each	X	1/2 Cup Applesauce FG	X	X	3/4 Cup Applesauce FG	3/4 Cup Applesauce FG	X	X	1/2 Cup Applesauce FG	1 Cup Diet Applesauce	1 Cup Diet Applesauce	X	X

Dietary Manager _____ Approval Date _____ Dietary Consultant *Ketlage* _____ Approval Date 1/19/2022

Cycle Day: 6

Dinner

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	1 Each Beverage Rich &	X	X	X	X	X	X	X	X	X	X	X	1 Each Beverage Rich &
Baked Chicken	6 Ounce	X	X	4 Ounce Vegetable Burge	4 Ounce Vegetable Burge	4 Ounce Vegetable Burge	3 Ounce Poultry Patty [PG	X	3 Ounce Poultry Patty [PG	4 Ounce Poultry Patty [PG	X	X	X	X
Au Gratin Potatoes FG	1 Cup	X	1 1/4 Cup Potatoes FG	X	X	1 1/4 Cup Potatoes FG	1 1/4 Cup Potatoes FG	X	Rice FG	1 1/4 Cup Potatoes FG	3/4 Cup	3/4 Cup	Potatoes FG	X
Mixed Vegetables Raw Cook	1/2 Cup	X	X	X	X	X	X	X	X	X	1 Cup	1 Cup	X	X
TSG Premium Dinner Roll 1.9	1 Each	X	X	X	X	X	X	X	X	2 Each Corn Tortilla	X	X	X	X
Margarine PC	2 Each	X	X	3 Each	3 Each	3 Each	3 Each	X	X	X	3 Each	3 Each	X	X
Cupcake [YMX] FG	Each	X	1/2 Cup Applesauce FG	X	X	3/4 Cup Applesauce FG	1/2 Cup Applesauce FG	X	X	1/2 Cup Applesauce FG	1/2 Cup Diet Applesauce	1/2 Cup Diet Applesauce	X	X
Cupcake Glaze FG	1 Fz	X	No	X	X	No	No	X	X	No	No	No	X	X
Snack 253	No	1 Snack	No	No	No	No	No	No	1 Sack Snack Renal 231	No	No	1 Snack Snack 233	No	1 Snack

Cycle Day: 7

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

Breakfast

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	X	X	X	X	X	X	X	1/2 Cup Beverage Juice /	X	1/2 Cup Beverage Juice /	1/2 Cup Beverage Juice /	X	X
Applesauce FG	3/4 Cup	X	X	X	X	X	X	X	X	X	1/2 Cup Diet Applesauce	1/2 Cup Diet Applesauce	X	X
Oatmeal Cinnamon & Raisin I	1 1/4 Cup	X	X	X	X	X	X	X	1 Cup	Grits FG	3/4 Cup Oatmeal FG 2	3/4 Cup Oatmeal FG 2	1 Cup Grits FG	X
Breakfast Sausage FG	1 Ounce	X	X	1 Each Egg Boiled Whol	1 Each Egg Boiled Whol	1 Each Egg Boiled Whol	1 Wz Cured Turkey	X	2 Each Egg Boiled Whol	X	2 Ounce	2 Ounce	3 WZ Scrambled Eggs	X
Biscuit FG	1/48 Cut	X	X	X	X	X	2 Slice White Bread	X	1 Slice White Bread	1 1/4 Cup Lyonnais Potatc	1 Slice White Bread	1 Slice White Bread	X	X
Breakfast Gravy FG	1/2 Cup	X	X	3 Each Margarine	3 Each Margarine	3 Each Margarine	X	X	2 Each Margarine	3 Each Margarine	1 Fz	1 Fz	X	X
Sugar PC	3 Each	X	X	X	X	X	X	X	X	X	2 Each Sugar Sub	2 Each Sugar Sub	X	X
Coffee	1 Cup	X	X	X	X	X	X	X	X	X	X	X	X	No
Beverage Rich & Tasty	No	1 Each	No	1 Each	1 Each	No	No	No	No	No	1 Each	1 Each	No	1 Each

Lunch

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	1 Each Beverage Rich &	X	X	X	X	X	X	X	X	1 Each Beverage Rich &	1 Each Beverage Rich &	X	1 Each Beverage Rich &
Turkey Salami Sliced 1 FG	2 Wz	X	3 Wz	No	No	No	3 Wz	X	1 Wz Turkey Bologna ;	X	X	X	No	X
Sliced Cheese	1 Slice	X	No	6 Slices	6 Slices	1 Cup Pinto Bean Salac	No	X	1/2 Cup Applesauce FG	X	X	X	6 Slices	X
TSG Hoaqie Roll 4 FG	Each	X	X	X	X	X	X	X	2 Slice White Bread	4 Each Corn Tortilla	4 Slice White Bread	4 Slice White Bread	X	X
Mustard PC	1 Each	X	X	X	X	3 Each Margarine	X	X	2 Each Margarine	X	X	X	X	X
Cookies Assorted IW 1.2	1 Each	X	1/2 Cup Applesauce FG	X	X	3/4 Cup Applesauce FG	3/4 Cup Applesauce FG	X	X	1/2 Cup Applesauce FG	1 Cup Diet Applesauce	1 Cup Diet Applesauce	X	X

Dietary Manager _____ Approval Date _____ Dietary Consultant *Ketlage* _____ Approval Date 1/19/2022

Cycle Day: 7

Dinner

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	1 Each Beverage Rich &	X	X	X	X	X	X	X	X	X	X	X	1 Each Beverage Rich &
Chili with Beans FG	1 1/4 Cup	X	X	X	3/4 Cup Seasoned Soy C	X	1 1/2 Cup Pinto Beans FG	3 Ounce Poultry Patty [PG	3 Ounce Poultry Patty [PG	X	3/4 Cup	3/4 Cup	4 Ounce Poultry Patty [PG	X
Rice FG	No	No	No	No	1/2 Cup	No	1 1/4 Cup	No	1 Cup	No	No	No	1 Cup	No
Glazed Carrots Raw Cook Ch	1/2 Cup	X	X	X	X	X	X	X	X	X	1 Cup Carrots Cooked	1 Cup Carrots Cooked	X	X
Cornbread FG	1/48 Cut	X	2 Slice White Bread	X	X	2 Slice White Bread	X	X	1 Slice White Bread	2 Each Corn Tortilla	X	X	X	X
Margarine PC	2 Each	X	X	3 Each	3 Each	3 Each	3 Each	X	X	X	3 Each	3 Each	X	X
Vanilla Pudding FG	3/4 Cup	X	1/2 Cup Applesauce FG	X	X	Applesauce FG	1/2 Cup Applesauce FG	X	Applesauce FG	1/2 Cup Applesauce FG	1/2 Cup Diet Applesauce	1/2 Cup Diet Applesauce	X	X
Snack 253	No	1 Snack	No	No	No	No	No	No	1 Sack Snack Renal 231	No	No	1 Snack Snack 233	No	1 Snack

Cycle Day: 8

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

Breakfast

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	X	X	X	X	X	X	X	1/2 Cup Beverage Juice /	X	1/2 Cup Beverage Juice /	1/2 Cup Beverage Juice /	X	X
Grits FG	1 1/4 Cup	X	X	X	X	X	X	X	1 Cup	X	3/4 Cup	3/4 Cup	1 Cup	X
Turkey Hash FG	1 1/4 Cup	X	X	4 Ounce Vegetable Burge	4 Ounce Vegetable Burge	4 Ounce Vegetable Burge	2 Ounce Poultry Patty [PG	X	2 Each Egg Boiled Whol	2 WZ Turkey Bologna	2 Each Egg Boiled Whol	2 Each Egg Boiled Whol	1 Cup	X
Potatoes FG	No	No	No	No	No	No	No	No	No	1 Cup	No	No	No	No
Biscuit FG	1/48 Cut	X	X	X	X	X	2 Slice White Bread	X	1 Slice White Bread	2 Each Corn Tortilla	X	X	X	X
Margarine PC	No	No	No	No	No	No	No	No	2 Each	No	3 Each	3 Each	No	No
Sugar PC	3 Each	X	X	X	X	X	X	X	X	X	2 Each Sugar Sub	2 Each Sugar Sub	X	X
Coffee	1 Cup	X	X	X	X	X	X	X	X	X	X	X	X	No
Beverage Rich & Tasty	No	1 Each	No	1 Each	1 Each	No	No	No	No	No	1 Each	1 Each	No	1 Each

Lunch

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	1 Each Beverage Rich &	X	X	X	X	X	X	X	X	1 Each Beverage Rich &	1 Each Beverage Rich &	X	1 Each Beverage Rich &
Turkey Bologna Sliced 1 FG	2 WZ	X	3 WZ	No	No	No	3 WZ	X	1 Wz	X	X	X	No	X
Sliced Cheese	1 Slice	X	No	6 Slices	6 Slices	1 Cup Pinto Bean Salad	No	X	1/2 Cup Applesauce FG	X	X	X	6 Slices	X
TSG Hoagie Roll 4 FG	Each	X	X	X	X	X	X	X	2 Slice White Bread	4 Each Corn Tortilla	4 Slice White Bread	4 Slice White Bread	X	X
Mustard PC	1 Each	X	X	X	X	3 Each Margarine	X	X	2 Each Margarine	X	X	X	X	X
Cookies Assorted IW 1.2	1 Each	X	1/2 Cup Applesauce FG	X	X	3/4 Cup Applesauce FG	3/4 Cup Applesauce FG	X	X	1/2 Cup Applesauce FG	1 Cup Diet Applesauce	1 Cup Diet Applesauce	X	X

Cycle Day: 8

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

Dinner

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	1 Each Beverage Rich &	X	X	X	X	X	X	X	X	X	X	X	1 Each Beverage Rich &
Chicken & Rice FG	1 1/4 Cup	X	X	4 Ounce Vegetable Burge	4 Ounce Vegetable Burge	4 Ounce Vegetable Burge	3 Ounce Poultry Patty [PG	X	3 Ounce Poultry Patty [PG	X	3/4 Cup	3/4 Cup	4 Ounce Poultry Patty [PG	X
Rice FG	No	No	No	1 Cup	1/2 Cup	1 Cup	1 1/4 Cup	No	No	No	No	No	No	No
Pinto Beans FG	1 Cup	X	X	X	3/4 Cup Seasoned Soy C	X	X	No	Rice FG	1 1/4 Cup	1/2 Cup	1/2 Cup	Rice FG	X
Green Bean Raw Cook Chill	1/2 Cup	X	X	X	X	X	X	3/4 Cup	X	X	1 Cup	1 Cup	X	X
Bread	2 Slice	X	X	X	X	X	X	4 Slice	X	2 Each Corn Tortilla	X	X	X	X
Margarine PC	2 Each	X	X	3 Each	3 Each	3 Each	3 Each	X	X	X	3 Each	3 Each	X	X
Cupcake [YMX] FG	Each	X	1/2 Cup Applesauce FG	X	X	3/4 Cup Applesauce FG	1/2 Cup Applesauce FG	X	X	1/2 Cup Applesauce FG	1/2 Cup Diet Applesauce	1/2 Cup Diet Applesauce	X	X
Cupcake Glaze FG	1 Fz	X	No	X	X	No	No	X	X	No	No	No	X	X
Snack 253	No	1 Snack	No	No	No	No	No	No	1 Sack Snack Renal 231	No	No	1 Snack Snack 233	No	1 Snack

Cycle Day: 9

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

Breakfast

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	X	X	X	X	X	X	X	1/2 Cup Beverage Juice /	X	1/2 Cup Beverage Juice /	1/2 Cup Beverage Juice /	X	X
Oatmeal Cinnamon & Raisin I	1 1/4 Cup	X	X	X	X	X	X	X	1 Cup	Grits FG	3/4 Cup Oatmeal FG 2	3/4 Cup Oatmeal FG 2	1 Cup Grits FG	X
Turkev Boloqna Sliced 1 FG	1 Wz	X	X	1 Each Egg Boiled Whol	1 Each Egg Boiled Whol	1 Each Egg Boiled Whol	X	X	2 Each Egg Boiled Whol	X	2 WZ	2 WZ	3 WZ Scrambled Eggs	X
Bread Pudding FG	1/48 Cut	X	2 Slice White Bread	X	X	2 Slice White Bread	2 Slice White Bread	X	1 Slice White Bread	1 Cup Potatoes FG	2 Slice White Bread	2 Slice White Bread	X	X
Margarine PC	No	No	No	No	No	No	No	No	No	3 Each	No	No	No	No
Sugar PC	3 Each	X	X	X	X	X	X	X	X	X	2 Each Sugar Sub	2 Each Sugar Sub	X	X
Coffee	1 Cup	X	X	X	X	X	X	X	X	X	X	X	X	No
Beverage Rich & Tasty	No	1 Each	No	1 Each	1 Each	No	No	No	No	No	1 Each	1 Each	No	1 Each

Lunch

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	1 Each Beverage Rich &	X	X	X	X	X	X	X	X	1 Each Beverage Rich &	1 Each Beverage Rich &	X	1 Each Beverage Rich &
Turkey Salad [TSPC] FG	3 Ounce	X	X	3 Wz Egg Salad FG	3 Wz Egg Salad FG	3 Wz Egg Salad FG	3 WZ Turkey Bologna :	X	3 Wz Egg Salad FG	X	X	X	3 Wz Egg Salad FG	X
Applesauce FG	No	No	No	No	No	No	No	No	1/2 Cup	No	No	No	No	No
Bread	4 Slice	X	X	X	X	X	X	X	2 Slice	4 Each Corn Tortilla	X	X	X	X
Mustard PC	No	No	No	No	No	No	1 Each	No	No	No	No	No	No	No
Cookies Assorted IW 1.2	1 Each	X	1/2 Cup Applesauce FG	X	X	3/4 Cup Applesauce FG	3/4 Cup Applesauce FG	X	X	1/2 Cup Applesauce FG	1 Cup Diet Applesauce	1 Cup Diet Applesauce	X	X

Dietary Manager _____ Approval Date _____ Dietary Consultant *Ketlage* _____ Approval Date 1/19/2022

Cycle Day: 9

Dinner

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	1 Each Beverage Rich &	X	X	X	X	X	X	X	X	X	X	X	1 Each Beverage Rich &
Baked Chicken	6 Ounce	X	X	4 Ounce Vegetable Burge	4 Ounce Vegetable Burge	4 Ounce Vegetable Burge	3 Ounce Poultry Patty [PG	X	3 Ounce Poultry Patty [PG	4 Ounce Poultry Patty [PG	X	X	X	X
Dinner Gravv FG	1/2 Cup	X	X	No	No	No	X	X	No	No	1 Fz	1 Fz	X	X
Potatoes FG	1 1/4 Cup	X	X	X	X	X	X	X	1 Cup Rotini FG	X	1 Cup	1 Cup	3/4 Cup	X
Glazed Carrots Raw Cook Ch	1/2 Cup	X	X	X	X	X	X	X	X	X	1 Cup Carrots Cooked	1 Cup Carrots Cooked	X	X
TSG Premium Dinner Roll 1.9	1 Each	X	X	X	X	X	X	X	X	2 Each Corn Tortilla	X	X	X	X
Marqarine PC	2 Each	X	X	3 Each	3 Each	3 Each	3 Each	X	X	X	3 Each	3 Each	X	X
Chocolate Pudding FG	3/4 Cup	X	1/2 Cup Applesauce FG	X	X	Applesauce FG	1/2 Cup Applesauce FG	X	Applesauce FG	1/2 Cup Applesauce FG	1/2 Cup Diet Applesauce	1/2 Cup Diet Applesauce	1/2 Cup Diet Applesauce	X
Snack 253	No	1 Snack	No	No	No	No	No	No	1 Sack Snack Renal 231	No	No	1 Snack Snack 233	No	1 Snack

Cycle Day: 10

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

Breakfast

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	X	X	X	X	X	X	X	1/2 Cup Beverage Juice /	X	1/2 Cup Beverage Juice /	1/2 Cup Beverage Juice /	X	X
Boiled Egg	No	No	No	No	No	No	No	No	2 Each	No	No	No	No	No
Scrambled Eggs	3 WZ	X	X	X	X	X	No	X	No	X	X	X	X	X
Breakfast Sausage FG	1 Ounce	X	X	No	No	No	1 Wz Turkey Bologna :	X	No	X	2 Ounce	2 Ounce	No	X
Potatoes FG	1 Cup	X	X	X	X	X	X	X	Oatmeal Cinnam	X	3/4 Cup	3/4 Cup	X	X
Biscuit FG	1/48 Cut	X	X	X	X	X	2 Slice White Bread	X	1 Slice White Bread	2 Each Corn Tortilla	X	X	X	X
Breakfast Gravy FG	1/2 Cup	X	X	3 Each Margarine	3 Each Margarine	3 Each Margarine	X	X	2 Each Margarine	3 Each Margarine	1 Fz	1 Fz	X	X
Sugar PC	3 Each	X	X	X	X	X	X	X	X	X	2 Each Sugar Sub	2 Each Sugar Sub	X	X
Coffee	1 Cup	X	X	X	X	X	X	X	X	X	X	X	X	No
Beverage Drink	1 Cup	X	No	X	X	X	X	X	X	X	X	X	X	X

Lunch

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	1 Each Beverage Rich &	X	X	X	X	X	X	X	X	1 Each Beverage Rich &	1 Each Beverage Rich &	X	1 Each Beverage Rich &
Cured Turkey	2 Wz	X	3 Wz	No	No	No	3 Wz	X	1 Wz Turkey Bologna :	X	X	X	No	X
Sliced Cheese	1 Slice	X	No	6 Slices	6 Slices	1 Cup Pinto Bean Salad	No	X	1/2 Cup Applesauce FG	X	X	X	6 Slices	X
TSG Hoagie Roll 4 FG	Each	X	X	X	X	X	X	X	X	4 Each Corn Tortilla	4 Slice White Bread	4 Slice White Bread	X	X
Mustard PC	1 Each	X	X	X	X	3 Each Margarine	X	X	2 Each Margarine	X	X	X	X	X
Cookies Assorted IW 1.2	1 Each	X	1/2 Cup Applesauce FG	X	X	3/4 Cup Applesauce FG	3/4 Cup Applesauce FG	X	X	1/2 Cup Applesauce FG	1 Cup Diet Applesauce	1 Cup Diet Applesauce	X	X

Dietary Manager _____ Approval Date _____ Dietary Consultant Ketlage _____ Approval Date 1/19/2022

Cycle Day: 10

Dinner

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	1 Each Beverage Rich &	X	X	X	X	X	X	X	X	X	X	X	1 Each Beverage Rich &
Meatloaf FG	3.6 Ounce	X	X	4 Ounce Vegetable Burge	4 Ounce Vegetable Burge	4 Ounce Vegetable Burge	3 Ounce Poultry Patty [PG	X	3 Ounce Poultry Patty [PG	4 Ounce Poultry Patty [PG	X	X	4 Ounce Poultry Patty [PG	X
Dinner Gravv FG	1/2 Cup	X	X	No	No	No	X	X	No	No	1 Fz	1 Fz	X	X
Mac & Cheese FG	1 1/4 Cup	X	1 Cup Pinto Beans FG	X	X	1 Cup Pinto Beans FG	1 Cup Pinto Beans FG	1 Cup Rice FG	1 Cup Rice FG	Pinto Beans FG	1 Cup	1 Cup	1 Cup Rice FG	X
Mixed Vegetables Raw Cook	1/2 Cup	X	X	X	X	X	X	X	X	X	1 Cup	1 Cup	X	X
Bread	2 Slice	X	X	X	X	X	X	X	X	2 Each Corn Tortilla	1 Slice	1 Slice	X	X
Margarine PC	2 Each	X	X	3 Each	3 Each	3 Each	3 Each	X	X	X	3 Each	3 Each	X	X
Cupcake [YMX] FG	Each	X	1/2 Cup Applesauce FG	X	X	3/4 Cup Applesauce FG	1/2 Cup Applesauce FG	X	X	1/2 Cup Applesauce FG	1/2 Cup Diet Applesauce	1/2 Cup Diet Applesauce	X	X
Cupcake Glaze FG	1 Fz	X	No	X	X	No	No	X	X	No	No	No	X	X
Snack 253	No	1 Snack	No	No	No	No	No	No	1 Sack Snack Renal 231	No	No	1 Snack Snack 233	No	1 Snack

Cycle Day: 11

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

Breakfast

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	X	X	X	X	X	X	X	1/2 Cup Beverage Juice /	X	1/2 Cup Beverage Juice /	1/2 Cup Beverage Juice /	X	X
Oatmeal Cinnamon & Raisin I	1 1/4 Cup	X	X	X	X	X	X	X	2 Each Egg Boiled Whol	Grits FG	3/4 Cup Oatmeal FG 2	3/4 Cup Oatmeal FG 2	1 Cup Grits FG	X
Scrambled Eggs	3 WZ	X	X	X	X	X	1 Wz Turkey Bologna :	X	No	X	X	X	X	X
Biscuit FG	1/48 Cut	X	X	X	X	X	2 Slice White Bread	X	1 Slice White Bread	1 1/4 Cup Lyonnaise Potatc	X	X	X	X
Marqarine PC	No	No	No	No	No	No	No	No	2 Each	No	3 Each	3 Each	No	No
Sugar PC	3 Each	X	X	X	X	X	X	X	X	X	2 Each Sugar Sub	2 Each Sugar Sub	X	X
Coffee	1 Cup	X	X	X	X	X	X	X	X	X	X	X	X	No
Beverage Rich & Tasty	No	1 Each	No	1 Each	1 Each	No	No	No	No	No	1 Each	1 Each	No	1 Each

Lunch

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	1 Each Beverage Rich &	X	X	X	X	X	X	X	X	1 Each Beverage Rich &	1 Each Beverage Rich &	X	1 Each Beverage Rich &
Peanut Butter PC 2	1 Each	X	X	X	X	3 Wz Egg Salad FG	3 WZ Turkey Bologna :	X	X	X	X	X	X	X
Jelly Apple PC 1	1 Each	X	X	X	X	No	No	X	X	X	No	No	X	X
Bread	4 Slice	X	X	X	X	X	X	X	X	4 Each Corn Tortilla	3 Slice	3 Slice	X	X
Marqarine PC	No	No	No	No	No	3 Each	1 Each Mustard PC	No	No	No	No	No	No	No
Cookies Assorted IW 1.2	1 Each	X	1/2 Cup Applesauce FG	X	X	3/4 Cup Applesauce FG	3/4 Cup Applesauce FG	X	X	1/2 Cup Applesauce FG	1 Cup Diet Applesauce	1 Cup Diet Applesauce	X	X

Dietary Manager _____

Approval Date _____

Dietary Consultant *Ketlage* _____

Approval Date 1/19/2022 _____

Cycle Day: 11

Dinner

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	1 Each Beverage Rich &	X	X	X	X	X	X	X	X	X	X	X	1 Each Beverage Rich &
Chicken Chop Suey FG	1 1/4 Cup	X	X	4 Ounce Vegetable Burge	4 Ounce Vegetable Burge	4 Ounce Vegetable Burge	3 Ounce Poultry Patty [PG	X	3 Ounce Poultry Patty [PG	X	3/4 Cup	3/4 Cup	4 Ounce Poultry Patty [PG	X
Rice FG	No	No	No	1 Cup	1/2 Cup	1 Cup	1 1/4 Cup	No	1 Cup	No	No	No	1 Cup	No
Pinto Beans FG	1 Cup	X	X	X	3/4 Cup Seasoned Soy C	X	X	No	No	1 1/4 Cup	1/2 Cup	1/2 Cup	No	X
Glazed Carrots Raw Cook Ch	1/2 Cup	X	X	X	X	X	X	3/4 Cup	X	X	1 Cup Carrots Cooked	1 Cup Carrots Cooked	X	X
TSG Premium Dinner Roll 1.9	1 Each	X	X	X	X	X	X	2 Each	X	2 Each Corn Tortilla	1 Slice White Bread	1 Slice White Bread	X	X
Marqarine PC	2 Each	X	X	3 Each	3 Each	3 Each	3 Each	X	X	X	3 Each	3 Each	X	X
Vanilla Pudding FG	3/4 Cup	X	1/2 Cup Applesauce FG	X	X	Applesauce FG	1/2 Cup Applesauce FG	X	Applesauce FG	1/2 Cup Applesauce FG	1/2 Cup Diet Applesauce	1/2 Cup Diet Applesauce	X	X
Snack 253	No	1 Snack	No	No	No	No	No	No	1 Sack Snack Renal 231	No	No	1 Snack Snack 233	No	1 Snack

Cycle Day: 12

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

Breakfast

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	X	X	X	X	X	X	X	1/2 Cup Beverage Juice /	X	1/2 Cup Beverage Juice /	1/2 Cup Beverage Juice /	X	X
Frosted Flakes	1 Cup	X	X	X	X	X	X	X	3/4 Cup	X	3/4 Cup Cold Cereal	3/4 Cup Cold Cereal	X	X
Grits FG	1 1/4 Cup	X	X	X	X	X	X	X	1 Cup	X	No	No	1 Cup	X
Breakfast Sausage FG	1 Ounce	X	X	1 Each Egg Boiled Whol	1 Each Egg Boiled Whol	1 Each Egg Boiled Whol	1 Wz Turkey Bologna :	X	2 Each Egg Boiled Whol	X	2 Ounce	2 Ounce	3 WZ Scrambled Eggs	X
Biscuit FG	1/48 Cut	X	X	X	X	X	2 Slice White Bread	X	1 Slice White Bread	1 1/4 Cup Lyonnaise Potatc	X	X	X	X
Breakfast Gravv FG	1/2 Cup	X	X	3 Each Margarine	3 Each Margarine	3 Each Margarine	X	X	2 Each Margarine	3 Each Margarine	1 Fz	1 Fz	X	X
Sugar PC	3 Each	X	X	X	X	X	X	X	X	X	2 Each Sugar Sub	2 Each Sugar Sub	X	X
Coffee	1 Cup	X	X	X	X	X	X	X	X	X	X	X	X	No
Beverage Drink	1 Cup	X	No	X	X	X	X	X	X	X	X	X	X	X

Lunch

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	1 Each Beverage Rich &	X	X	X	X	X	X	X	X	1 Each Beverage Rich &	1 Each Beverage Rich &	X	1 Each Beverage Rich &
Turkey Bologna Sliced 1 FG	2 WZ	X	3 WZ	No	No	No	3 WZ	X	1 Wz	X	X	X	No	X
Sliced Cheese	1 Slice	X	No	6 Slices	6 Slices	1 Cup Pinto Bean Salac	No	X	1/2 Cup Applesauce FG	X	X	X	6 Slices	X
TSG Hoaqie Roll 4 FG	Each	X	X	X	X	X	X	X	2 Slice White Bread	4 Each Corn Tortilla	4 Slice White Bread	4 Slice White Bread	X	X
Mustard PC	1 Each	X	X	X	X	3 Each Margarine	X	X	2 Each Margarine	X	X	X	X	X
Cookies Assorted IW 1.2	1 Each	X	1/2 Cup Applesauce FG	X	X	3/4 Cup Applesauce FG	3/4 Cup Applesauce FG	X	X	1/2 Cup Applesauce FG	1 Cup Diet Applesauce	1 Cup Diet Applesauce	X	X

Dietary Manager _____

Approval Date _____

Dietary Consultant *Kethage* _____

Approval Date 1/19/2022 _____

Cycle Day: 12

Dinner

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	1 Each Beverage Rich &	X	X	X	X	X	X	X	X	X	X	X	1 Each Beverage Rich &
Baked Chicken	6 Ounce	X	X	4 Ounce Vegetable Burge	4 Ounce Vegetable Burge	4 Ounce Vegetable Burge	3 Ounce Poultry Patty [PG	X	3 Ounce Poultry Patty [PG	4 Ounce Poultry Patty [PG	X	X	X	X
Dinner Gravv FG	1/2 Cup	X	X	No	No	No	X	X	No	No	1 Fz	1 Fz	X	X
Potatoes FG	1 1/4 Cup	X	X	X	X	X	X	X	1 Cup Rotini FG	X	1 Cup	1 Cup	1 Cup	X
Mixed Vegetables Raw Cook	1/2 Cup	X	X	X	X	X	X	3/4 Cup	X	X	1 Cup	1 Cup	X	X
Pinto Beans FG	No	No	No	1 Cup	3/4 Cup Seasoned Soy C	1 Cup	No	No	No	No	No	No	No	No
Bread	2 Slice	X	X	X	X	X	X	4 Slice	X	2 Each Corn Tortilla	X	X	X	X
Margarine PC	2 Each	X	X	3 Each	3 Each	3 Each	3 Each	X	X	X	3 Each	3 Each	X	X
Cupcake [YMX] FG	Each	X	1/2 Cup Applesauce FG	X	X	3/4 Cup Applesauce FG	1/2 Cup Applesauce FG	X	X	1/2 Cup Applesauce FG	1/2 Cup Diet Applesauce	1/2 Cup Diet Applesauce	X	X
Cupcake Glaze FG	1 Fz	X	No	X	X	No	No	X	X	No	No	No	X	X
Snack 253	No	1 Snack	No	No	No	No	No	No	1 Sack Snack Renal 231	No	No	1 Snack Snack 233	No	1 Snack

Cycle Day: 13

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

Breakfast

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	X	X	X	X	X	X	X	1/2 Cup Beverage Juice /	X	1/2 Cup Beverage Juice /	1/2 Cup Beverage Juice /	X	X
Boiled Egg	No	No	No	No	No	No	No	No	2 Each	No	No	No	No	No
Scrambled Eggs	3 WZ	X	X	X	X	X	1 Wz Turkey Bologna :	X	No	X	X	X	X	X
Potatoes FG	1 Cup	X	X	X	X	X	X	X	Oatmeal Cinnam	X	X	X	X	X
Biscuit FG	1/48 Cut	X	X	X	X	X	2 Slice White Bread	X	1 Slice White Bread	2 Each Corn Tortilla	X	X	X	X
Breakfast Gravy FG	1/2 Cup	X	X	3 Each Margarine	3 Each Margarine	3 Each Margarine	X	X	2 Each Margarine	3 Each Margarine	1 Fz	1 Fz	X	X
Sugar PC	3 Each	X	X	X	X	X	X	X	X	X	2 Each Sugar Sub	2 Each Sugar Sub	X	X
Coffee	1 Cup	X	X	X	X	X	X	X	X	X	X	X	X	No
Beverage Rich & Tasty	No	1 Each	No	1 Each	1 Each	No	No	No	No	No	1 Each	1 Each	No	1 Each

Lunch

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	1 Each Beverage Rich &	X	X	X	X	X	X	X	X	1 Each Beverage Rich &	1 Each Beverage Rich &	X	1 Each Beverage Rich &
Turkey Salad [TSPC] FG	3 Ounce	X	X	3 Wz Egg Salad FG	3 Wz Egg Salad FG	3 Wz Egg Salad FG	3 Wz Cured Turkey	X	3 Wz Egg Salad FG	X	X	X	3 Wz Egg Salad FG	X
Applesauce FG	No	No	No	No	No	No	No	No	1/2 Cup	No	No	No	No	No
Bread	4 Slice	X	X	X	X	X	X	X	2 Slice	4 Each Corn Tortilla	X	X	X	X
Mustard PC	No	No	No	No	No	No	1 Each	No	No	No	No	No	No	No
Cookies Assorted IW 1.2	1 Each	X	1/2 Cup Applesauce FG	X	X	3/4 Cup Applesauce FG	3/4 Cup Applesauce FG	X	X	1/2 Cup Applesauce FG	1 Cup Diet Applesauce	1 Cup Diet Applesauce	X	X

Dietary Manager _____ Approval Date _____ Dietary Consultant *Ketlage* _____ Approval Date 1/19/2022

Cycle Day: 13

Dinner

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	1 Each Beverage Rich &	X	X	X	X	X	X	X	X	X	X	X	1 Each Beverage Rich &
Ziti w/Meat Sauce FG	1 1/4 Cup	X	X	4 Ounce Vegetable Burge	4 Ounce Vegetable Burge	4 Ounce Vegetable Burge	3 Ounce Poultry Patty [PG	X	3 Ounce Poultry Patty [PG	4 Ounce Poultry Patty [PG	X	X	X	X
Rotini FG	No	No	No	1 Cup	1/2 Cup	1 Cup	1 1/4 Cup	No	1 Cup	1 1/4 Cup Rice FG	No	No	No	No
Broccoli Raw Cook Chill	1/2 Cup	X	X	X	X	X	X	X	X	X	1 Cup	1 Cup	X	X
TSG Premium Dinner Roll 1.9	1 Each	X	X	X	X	X	X	X	X	2 Each Corn Tortilla	X	X	X	X
Margarine PC	2 Each	X	X	3 Each	3 Each	3 Each	3 Each	X	X	X	3 Each	3 Each	X	X
Cupcake [YMX] FG	Each	X	1/2 Cup Applesauce FG	X	X	3/4 Cup Applesauce FG	1/2 Cup Applesauce FG	X	X	1/2 Cup Applesauce FG	1/2 Cup Diet Applesauce	1/2 Cup Diet Applesauce	X	X
Cupcake Glaze FG	1 Fz	X	No	X	X	No	No	X	X	No	No	No	X	X
Snack 253	No	1 Snack	No	No	No	No	No	No	1 Sack Snack Renal 231	No	No	1 Snack Snack 233	No	1 Snack

Cycle Day: 14

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

Breakfast

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	X	X	X	X	X	X	X	1/2 Cup Beverage Juice /	X	1/2 Cup Beverage Juice /	1/2 Cup Beverage Juice /	X	X
Apples Spice FG	3/4 Cup	X	X	X	X	X	X	X	X	X	1/2 Cup Diet Applesauce	1/2 Cup Diet Applesauce	X	X
Oatmeal Cinnamon & Raisin I	1 1/4 Cup	X	X	X	X	X	X	X	1 Cup	Grits FG	3/4 Cup Oatmeal FG 2	3/4 Cup Oatmeal FG 2	1 Cup Grits FG	X
Turkey Bologna Sliced 1 FG	1 Wz	X	X	1 Each Egg Boiled Whol	1 Each Egg Boiled Whol	1 Each Egg Boiled Whol	X	X	2 Each Egg Boiled Whol	X	2 WZ	2 WZ	3 WZ Scrambled Eggs	X
Cornbread FG	1/48 Cut	X	2 Slice White Bread	X	X	2 Slice White Bread	2 Slice White Bread	X	1 Slice White Bread	2 Each Corn Tortilla	2 Slice White Bread	2 Slice White Bread	X	X
Margarine PC	No	No	No	No	No	No	No	No	2 Each	No	3 Each	3 Each	No	No
Sugar PC	3 Each	X	X	X	X	X	X	X	X	X	2 Each Sugar Sub	2 Each Sugar Sub	X	X
Coffee	1 Cup	X	X	X	X	X	X	X	X	X	X	X	X	No
Beverage Rich & Tasty	No	1 Each	No	1 Each	1 Each	No	No	No	No	No	1 Each	1 Each	No	1 Each

Lunch

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	1 Each Beverage Rich &	X	X	X	X	X	X	X	X	1 Each Beverage Rich &	1 Each Beverage Rich &	X	1 Each Beverage Rich &
Turkey Salami Sliced 1 FG	2 Wz	X	3 Wz	No	No	No	3 Wz	X	1 Wz Turkey Bologna :	X	X	X	No	X
Sliced Cheese	1 Slice	X	No	6 Slices	6 Slices	1 Cup Pinto Bean Salad	No	X	1/2 Cup Applesauce FG	X	X	X	6 Slices	X
TSG Hoaqie Roll 4 FG	Each	X	X	X	X	X	X	X	2 Slice White Bread	4 Each Corn Tortilla	4 Slice White Bread	4 Slice White Bread	X	X
Mustard PC	1 Each	X	X	X	X	3 Each Margarine	X	X	2 Each Margarine	X	X	X	X	X
Cookies Assorted IW 1.2	1 Each	X	1/2 Cup Applesauce FG	X	X	3/4 Cup Applesauce FG	3/4 Cup Applesauce FG	X	X	1/2 Cup Applesauce FG	1 Cup Diet Applesauce	1 Cup Diet Applesauce	X	X

Dietary Manager _____ Approval Date _____ Dietary Consultant Kethage _____ Approval Date 1/19/2022

Cycle Day: 14

Dinner

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	1 Each Beverage Rich &	X	X	X	X	X	X	X	X	X	X	X	1 Each Beverage Rich &
Chili Con Carne FG	1 1/4 Cup	X	X	4 Ounce Vegetable Burge	4 Ounce Vegetable Burge	4 Ounce Vegetable Burge	3 Ounce Poultry Patty [PG	X	3 Ounce Poultry Patty [PG	X	3/4 Cup	3/4 Cup	4 Ounce Poultry Patty [PG	X
Rice FG	No	No	No	1 Cup	1/2 Cup	1 Cup	1 1/4 Cup	No	No	No	No	No	No	No
Pinto Beans FG	1 Cup	X	X	X	3/4 Cup Seasoned Soy C	X	1 1/4 Cup	3/4 Cup Carrots Cooked	Rice FG	1 1/4 Cup	1/2 Cup	1/2 Cup	Rice FG	X
Pasta Salad [R] FG	1 Cup	X	X	X	X	X	1/2 Cup Green Bean Raw	X	1/2 Cup Green Bean Raw	1/2 Cup Green Bean Raw	Green Bean Raw	Green Bean Raw	1/2 Cup Green Bean Raw	X
Bread	2 Slice	X	X	X	X	X	X	4 Slice	X	2 Each Corn Tortilla	X	X	X	X
Marqarine PC	2 Each	X	X	3 Each	3 Each	3 Each	3 Each	X	X	X	3 Each	3 Each	X	X
Chocolate Pudding FG	3/4 Cup	X	1/2 Cup Applesauce FG	X	X	Applesauce FG	1/2 Cup Applesauce FG	X	Applesauce FG	1/2 Cup Applesauce FG	1/2 Cup Diet Applesauce	1/2 Cup Diet Applesauce	1/2 Cup Diet Applesauce	X
Snack 253	No	1 Snack	No	No	No	No	No	No	1 Sack Snack Renal 231	No	No	1 Snack Snack 233	No	1 Snack

Cycle Day: 15

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

Breakfast

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	X	X	X	X	X	X	X	1/2 Cup Beverage Juice /	X	1/2 Cup Beverage Juice /	1/2 Cup Beverage Juice /	X	X
Oatmeal Cinnamon & Raisin I	1 1/4 Cup	X	X	X	X	X	X	X	2 Each Egg Boiled Whol	Grits FG	3/4 Cup Oatmeal FG 2	3/4 Cup Oatmeal FG 2	1 Cup Grits FG	X
Scrambled Eggs	3 WZ	X	X	X	X	X	1 Wz Turkey Bologna :	X	No	X	X	X	X	X
Biscuit FG	1/48 Cut	X	X	X	X	X	2 Slice White Bread	X	1 Slice White Bread	1 1/4 Cup Lyonnaise Potatc	X	X	X	X
Breakfast Gravy FG	1/2 Cup	X	X	3 Each Margarine	3 Each Margarine	3 Each Margarine	X	X	2 Each Margarine	3 Each Margarine	1 Fz	1 Fz	X	X
Sugar PC	3 Each	X	X	X	X	X	X	X	X	X	2 Each Sugar Sub	2 Each Sugar Sub	X	X
Coffee	1 Cup	X	X	X	X	X	X	X	X	X	X	X	X	No
Beverage Rich & Tasty	No	1 Each	No	1 Each	1 Each	No	No	No	No	No	1 Each	1 Each	No	1 Each

Lunch

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	1 Each Beverage Rich &	X	X	X	X	X	X	X	X	1 Each Beverage Rich &	1 Each Beverage Rich &	X	1 Each Beverage Rich &
Turkey Bologna Sliced 1 FG	2 WZ	X	3 WZ	No	No	No	3 WZ	X	1 Wz	X	X	X	No	X
Sliced Cheese	1 Slice	X	No	6 Slices	6 Slices	1 Cup Pinto Bean Salac	No	X	1/2 Cup Applesauce FG	X	X	X	6 Slices	X
TSG Hoagie Roll 4 FG	Each	X	X	X	X	X	X	X	2 Slice White Bread	4 Each Corn Tortilla	4 Slice White Bread	4 Slice White Bread	X	X
Mustard PC	1 Each	X	X	X	X	3 Each Margarine	X	X	2 Each Margarine	X	X	X	X	X
Cookies Assorted IW 1.2	1 Each	X	1/2 Cup Applesauce FG	X	X	3/4 Cup Applesauce FG	3/4 Cup Applesauce FG	X	X	1/2 Cup Applesauce FG	1 Cup Diet Applesauce	1 Cup Diet Applesauce	X	X

Dietary Manager _____ Approval Date _____ Dietary Consultant *Ketlage* _____ Approval Date 1/19/2022

Cycle Day: 15

Dinner

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	1 Each Beverage Rich &	X	X	X	X	X	X	X	X	X	X	X	1 Each Beverage Rich &
Spanish Rice FG	1 1/4 Cup	X	X	4 Ounce Vegetable Burge	4 Ounce Vegetable Burge	4 Ounce Vegetable Burge	3 Ounce Poultry Patty [PG	X	3 Ounce Poultry Patty [PG	X	3/4 Cup	3/4 Cup	4 Ounce Poultry Patty [PG	X
Rice FG	No	No	No	1 Cup	1/2 Cup	1 Cup	1 1/4 Cup	No	1 Cup	No	No	No	1 Cup	No
Pinto Beans FG	1 Cup	X	X	X	3/4 Cup Seasoned Soy C	X	X	No	No	1 1/4 Cup	1/2 Cup	1/2 Cup	No	X
Broccoli Raw Cook Chill	1/2 Cup	X	X	X	X	X	X	3/4 Cup	X	X	1 Cup	1 Cup	X	X
Bread	2 Slice	X	X	X	X	X	X	4 Slice	X	2 Each Corn Tortilla	1 Slice	1 Slice	X	X
Margarine PC	2 Each	X	X	3 Each	3 Each	3 Each	3 Each	X	X	X	3 Each	3 Each	X	X
Cupcake [YMX] FG	Each	X	1/2 Cup Applesauce FG	X	X	3/4 Cup Applesauce FG	1/2 Cup Applesauce FG	X	X	1/2 Cup Applesauce FG	1/2 Cup Diet Applesauce	1/2 Cup Diet Applesauce	X	X
Cupcake Glaze FG	1 Fz	X	No	X	X	No	No	X	X	No	No	No	X	X
Snack 253	No	1 Snack	No	No	No	No	No	No	1 Sack Snack Renal 231	No	No	1 Snack Snack 233	No	1 Snack

Cycle Day: 16

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

Breakfast

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	X	X	X	X	X	X	X	1/2 Cup Beverage Juice /	X	1/2 Cup Beverage Juice /	1/2 Cup Beverage Juice /	X	X
Oatmeal Cinnamon & Raisin I	1 1/4 Cup	X	X	X	X	X	X	X	1 Cup	Grits FG	3/4 Cup Oatmeal FG 2	3/4 Cup Oatmeal FG 2	1 Cup Grits FG	X
Cured Turkey	1 Wz	X	X	1 Each Egg Boiled Whol	1 Each Egg Boiled Whol	1 Each Egg Boiled Whol	X	X	2 Each Egg Boiled Whol	X	2 Wz	2 Wz	3 WZ Scrambled Eggs	X
Pancakes	2 Each	X	2 Slice White Bread	X	X	2 Slice White Bread	2 Slice White Bread	X	1 Each	1 1/4 Cup Lyonnaise Potatc	X	X	X	X
Syrup Pancake PC 1	1 Each	X	Jelly Apple PC 1	X	X	Jelly Apple PC 1	Jelly Apple PC 1	X	X	3 Each Margarine	Diet Syrup	Diet Syrup	X	X
Sugar PC	3 Each	X	X	X	X	X	X	X	X	X	2 Each Sugar Sub	2 Each Sugar Sub	X	X
Coffee	1 Cup	X	X	X	X	X	X	X	X	X	X	X	X	No
Beverage Rich & Tasty	No	1 Each	No	1 Each	1 Each	No	No	No	No	No	1 Each	1 Each	No	1 Each

Lunch

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	1 Each Beverage Rich &	X	X	X	X	X	X	X	X	1 Each Beverage Rich &	1 Each Beverage Rich &	X	1 Each Beverage Rich &
Turkey Salad [TSPC] FG	3 Ounce	X	X	3 Wz Egg Salad FG	3 Wz Egg Salad FG	3 Wz Egg Salad FG	3 WZ Turkey Bologna i	X	3 Wz Egg Salad FG	X	X	X	3 Wz Egg Salad FG	X
Applesauce FG	No	No	No	No	No	No	No	No	1/2 Cup	No	No	No	No	No
Bread	4 Slice	X	X	X	X	X	X	X	2 Slice	4 Each Corn Tortilla	X	X	X	X
Mustard PC	No	No	No	No	No	No	1 Each	No	No	No	No	No	No	No
Cookies Assorted IW 1.2	1 Each	X	1/2 Cup Applesauce FG	X	X	3/4 Cup Applesauce FG	3/4 Cup Applesauce FG	X	X	1/2 Cup Applesauce FG	1 Cup Diet Applesauce	1 Cup Diet Applesauce	X	X

Dietary Manager _____

Approval Date _____

Dietary Consultant *Ketlage* _____

Approval Date 1/19/2022 _____

Cycle Day: 16

Dinner

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	1 Each Beverage Rich &	X	X	X	X	X	X	X	X	X	X	X	1 Each Beverage Rich &
Baked Chicken	6 Ounce	X	X	4 Ounce Vegetable Burge	4 Ounce Vegetable Burge	4 Ounce Vegetable Burge	3 Ounce Poultry Patty [PG	X	3 Ounce Poultry Patty [PG	4 Ounce Poultry Patty [PG	X	X	X	X
BBQ Sauce	2 FZ	X	X	No	No	No	No	X	No	No	1 FZ	1 FZ	No	X
Mac & Cheese FG	1 1/4 Cup	X	1 Cup Pinto Beans FG	1 Cup Pinto Beans FG	3/4 Cup Seasoned Soy C	1 Cup Pinto Beans FG	1 Cup Pinto Beans FG	1 Cup Rice FG	1 Cup Rice FG	Pinto Beans FG	1 Cup	1 Cup	1 Cup Rice FG	X
Glazed Carrots Raw Cook Ch	1/2 Cup	X	X	X	X	X	X	X	X	X	1 Cup Carrots Cooked	1 Cup Carrots Cooked	X	X
TSG Premium Dinner Roll 1.9	1 Each	X	X	X	X	X	X	X	X	2 Each Corn Tortilla	1 Slice White Bread	1 Slice White Bread	X	X
Marqarine PC	2 Each	X	X	3 Each	3 Each	3 Each	3 Each	X	X	X	3 Each	3 Each	X	X
Vanilla Pudding FG	3/4 Cup	X	1/2 Cup Applesauce FG	X	X	Applesauce FG	1/2 Cup Applesauce FG	X	Applesauce FG	1/2 Cup Applesauce FG	1/2 Cup Diet Applesauce	1/2 Cup Diet Applesauce	X	X
Snack 253	No	1 Snack	No	No	No	No	No	No	1 Sack Snack Renal 231	No	No	1 Snack Snack 233	No	1 Snack

Cycle Day: 17

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

Breakfast

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	X	X	X	X	X	X	X	1/2 Cup Beverage Juice /	X	1/2 Cup Beverage Juice /	1/2 Cup Beverage Juice /	X	X
Boiled Egg	No	No	No	No	No	No	No	No	2 Each	No	No	No	No	No
Scrambled Eggs	3 WZ	X	X	X	X	X	No	X	No	X	X	X	X	X
Turkey Bologna Sliced 1 FG	1 Wz	X	X	No	No	No	2 WZ	X	No	X	2 WZ	2 WZ	No	X
Potatoes FG	1 Cup	X	X	X	X	X	X	X	Oatmeal Cinnam	X	3/4 Cup	3/4 Cup	X	X
Biscuit FG	1/48 Cut	X	X	X	X	X	2 Slice White Bread	X	1 Slice White Bread	2 Each Corn Tortilla	X	X	X	X
Breakfast Gravy FG	1/2 Cup	X	X	3 Each Margarine	3 Each Margarine	3 Each Margarine	X	X	2 Each Margarine	3 Each Margarine	1 Fz	1 Fz	X	X
Sugar PC	3 Each	X	X	X	X	X	X	X	X	X	2 Each Sugar Sub	2 Each Sugar Sub	X	X
Coffee	1 Cup	X	X	X	X	X	X	X	X	X	X	X	X	No
Beverage Drink	1 Cup	X	No	X	X	X	X	X	X	X	X	X	X	X

Lunch

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	1 Each Beverage Rich &	X	X	X	X	X	X	X	X	1 Each Beverage Rich &	1 Each Beverage Rich &	X	1 Each Beverage Rich &
Cured Turkey	2 Wz	X	3 Wz	3 Wz Egg Salad FG	3 Wz Egg Salad FG	3 Wz Egg Salad FG	3 Wz	X	1 Wz Turkey Bologna :	X	X	X	3 Wz Egg Salad FG	X
Sliced Cheese	1 Slice	X	No	6 Slices	6 Slices	1 Cup Pinto Bean Salac	No	X	1/2 Cup Applesauce FG	X	X	X	6 Slices	X
TSG Hoaqie Roll 4 FG	Each	X	X	X	X	X	X	X	X	4 Each Corn Tortilla	4 Slice White Bread	4 Slice White Bread	X	X
Mustard PC	1 Each	X	X	X	X	3 Each Margarine	X	X	2 Each Margarine	X	X	X	X	X
Cookies Assorted IW 1.2	1 Each	X	1/2 Cup Applesauce FG	X	X	3/4 Cup Applesauce FG	3/4 Cup Applesauce FG	X	X	1/2 Cup Applesauce FG	1 Cup Diet Applesauce	1 Cup Diet Applesauce	X	X

Dietary Manager _____ Approval Date _____ Dietary Consultant *Ketlage* _____ Approval Date 1/19/2022

Cycle Day: 17

Dinner

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	1 Each Beverage Rich &	X	X	X	X	X	X	X	X	X	X	X	1 Each Beverage Rich &
Turkey Breast Sliced 1 FG	3 Wz	X	X	4 Ounce Vegetable Burge	4 Ounce Vegetable Burge	4 Ounce Vegetable Burge	X	X	3 Ounce Poultry Patty [PG	X	X	X	4 Ounce Poultry Patty [PG	X
Dinner Gravv FG	1/2 Cup	X	X	No	No	No	X	X	No	No	1 Fz	1 Fz	X	X
Stuffing FG	1/48 Cut	X	X	X	X	X	1 1/4 Cup Potatoes FG	X	1 Cup Rotini FG	1 1/4 Cup Rice FG	X	X	1 Cup Rotini FG	X
Mixed Vegetables Raw Cook	1/2 Cup	X	X	X	X	X	X	X	X	X	1 Cup	1 Cup	X	X
Bread	2 Slice	X	X	X	X	X	X	X	X	2 Each Corn Tortilla	1 Slice	1 Slice	X	X
Margarine PC	2 Each	X	X	3 Each	3 Each	3 Each	3 Each	X	X	X	3 Each	3 Each	X	X
Cupcake [YMX] FG	Each	X	1/2 Cup Applesauce FG	X	X	3/4 Cup Applesauce FG	1/2 Cup Applesauce FG	X	X	1/2 Cup Applesauce FG	1/2 Cup Diet Applesauce	1/2 Cup Diet Applesauce	X	X
Cupcake Glaze FG	1 Fz	X	No	X	X	No	No	X	X	No	No	No	X	X
Snack 253	No	1 Snack	No	No	No	No	No	No	1 Sack Snack Renal 231	No	No	1 Snack Snack 233	No	1 Snack

Cycle Day: 18

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

Breakfast

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	X	X	X	X	X	X	X	1/2 Cup Beverage Juice /	X	1/2 Cup Beverage Juice /	1/2 Cup Beverage Juice /	X	X
Oatmeal Cinnamon & Raisin I	1 1/4 Cup	X	X	X	X	X	X	X	1 Cup	Grits FG	3/4 Cup Oatmeal FG 2	3/4 Cup Oatmeal FG 2	1 Cup Grits FG	X
Turkev Hashbrown Casserole	1 1/4 Cup	X	X	1 Each Egg Boiled Whol	1 Each Egg Boiled Whol	1 Each Egg Boiled Whol	2 Ounce Poultry Patty [PG	X	2 Each Egg Boiled Whol	2 Wz Cured Turkey	3/4 Cup	3/4 Cup	2 Each Egg Boiled Whol	X
Potatoes FG	No	No	No	1 Cup	1 Cup	1 Cup	1 Cup	No	No	No	No	No	No	No
Potatoes FG	No	No	No	No	No	No	No	No	No	1 Cup	No	No	No	No
Biscuit FG	1/48 Cut	X	X	X	X	X	2 Slice White Bread	X	1 Slice White Bread	2 Each Corn Tortilla	X	X	X	X
Margarine PC	No	No	No	No	No	No	No	No	2 Each	No	3 Each	3 Each	No	No
Sugar PC	3 Each	X	X	X	X	X	X	X	X	X	2 Each Sugar Sub	2 Each Sugar Sub	X	X
Coffee	1 Cup	X	X	X	X	X	X	X	X	X	X	X	X	No
Beverage Rich & Tastv	No	1 Each	No	1 Each	1 Each	No	No	No	No	No	1 Each	1 Each	No	1 Each

Lunch

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	1 Each Beverage Rich &	X	X	X	X	X	X	X	X	1 Each Beverage Rich &	1 Each Beverage Rich &	X	1 Each Beverage Rich &
Peanut Butter PC 2	1 Each	X	X	X	X	3 Wz Egg Salad FG	3 WZ Turkey Bologna :	X	X	X	X	X	X	X
Jelly Apple PC 1	1 Each	X	X	X	X	No	No	X	X	X	No	No	X	X
Bread	4 Slice	X	X	X	X	X	X	X	X	4 Each Corn Tortilla	3 Slice	3 Slice	X	X
Margarine PC	No	No	No	No	No	3 Each	1 Each Mustard PC	No	No	No	No	No	No	No
Cookies Assorted IW 1.2	1 Each	X	1/2 Cup Applesauce FG	X	X	3/4 Cup Applesauce FG	3/4 Cup Applesauce FG	X	X	1/2 Cup Applesauce FG	1 Cup Diet Applesauce	1 Cup Diet Applesauce	X	X

Dietary Manager _____ Approval Date _____ Dietary Consultant *Ketlage* _____ Approval Date 1/19/2022

Cycle Day: 18

Dinner

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	1 Each Beverage Rich &	X	X	X	X	X	X	X	X	X	X	X	1 Each Beverage Rich &
Beef & Noodles FG	1 1/4 Cup	X	X	4 Ounce Vegetable Burge	4 Ounce Vegetable Burge	4 Ounce Vegetable Burge	3 Ounce Poultry Patty [PG	X	3 Ounce Poultry Patty [PG	4 Ounce Poultry Patty [PG	3/4 Cup	3/4 Cup	4 Ounce Poultry Patty [PG	X
Rotini FG	No	No	No	1 Cup	1/2 Cup	1 Cup	1 1/4 Cup	No	1 Cup	1 1/4 Cup Rice FG	No	No	1 Cup	No
Pinto Beans FG	1 Cup	X	X	X	3/4 Cup Seasoned Soy C	X	X	No	No	1 1/4 Cup	1/2 Cup	1/2 Cup	No	X
Glazed Carrots Raw Cook Ch	1/2 Cup	X	X	X	X	X	X	3/4 Cup	X	X	1 Cup Carrots Cooked	1 Cup Carrots Cooked	X	X
TSG Premium Dinner Roll 1.9	1 Each	X	X	X	X	X	X	2 Each	X	2 Each Corn Tortilla	1 Slice White Bread	1 Slice White Bread	X	X
Margarine PC	2 Each	X	X	3 Each	3 Each	3 Each	3 Each	X	X	X	3 Each	3 Each	X	X
Chocolate Pudding FG	3/4 Cup	X	1/2 Cup Applesauce FG	X	X	Applesauce FG	1/2 Cup Applesauce FG	X	Applesauce FG	1/2 Cup Applesauce FG	1/2 Cup Diet Applesauce	1/2 Cup Diet Applesauce	1/2 Cup Diet Applesauce	X
Snack 253	No	1 Snack	No	No	No	No	No	No	1 Sack Snack Renal 231	No	No	1 Snack Snack 233	No	1 Snack

Cycle Day: 19

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

Breakfast

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	X	X	X	X	X	X	X	1/2 Cup Beverage Juice /	X	1/2 Cup Beverage Juice /	1/2 Cup Beverage Juice /	X	X
Frosted Flakes	1 Cup	X	X	X	X	X	X	X	3/4 Cup	X	3/4 Cup Cold Cereal	3/4 Cup Cold Cereal	X	X
Grits FG	1 1/4 Cup	X	X	X	X	X	X	X	1 Cup	X	No	No	1 Cup	X
Breakfast Sausage FG	1 Ounce	X	X	1 Each Egg Boiled Whol	1 Each Egg Boiled Whol	1 Each Egg Boiled Whol	1 Wz Cured Turkey	X	2 Each Egg Boiled Whol	X	2 Ounce	2 Ounce	2 Each Egg Boiled Whol	X
Biscuit FG	1/48 Cut	X	X	X	X	X	2 Slice White Bread	X	1 Slice White Bread	1 1/4 Cup Lyonnaise Potatc	X	X	X	X
Breakfast Gravv FG	1/2 Cup	X	X	3 Each Margarine	3 Each Margarine	3 Each Margarine	X	X	2 Each Margarine	3 Each Margarine	1 Fz	1 Fz	X	X
Sugar PC	3 Each	X	X	X	X	X	X	X	X	X	2 Each Sugar Sub	2 Each Sugar Sub	X	X
Coffee	1 Cup	X	X	X	X	X	X	X	X	X	X	X	X	No
Beverage Drink	1 Cup	X	No	X	X	X	X	X	X	X	X	X	X	X

Lunch

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	1 Each Beverage Rich &	X	X	X	X	X	X	X	X	1 Each Beverage Rich &	1 Each Beverage Rich &	X	1 Each Beverage Rich &
Turkey Bologna Sliced 1 FG	2 WZ	X	3 WZ	No	No	No	3 WZ	X	1 Wz	X	X	X	No	X
Sliced Cheese	1 Slice	X	No	6 Slices	6 Slices	1 Cup Pinto Bean Salac	No	X	1/2 Cup Applesauce FG	X	X	X	6 Slices	X
TSG Hoaqie Roll 4 FG	Each	X	X	X	X	X	X	X	X	4 Each Corn Tortilla	4 Slice White Bread	4 Slice White Bread	X	X
Mustard PC	1 Each	X	X	X	X	3 Each Margarine	X	X	2 Each Margarine	X	X	X	X	X
Cookies Assorted IW 1.2	1 Each	X	1/2 Cup Applesauce FG	X	X	3/4 Cup Applesauce FG	3/4 Cup Applesauce FG	X	X	1/2 Cup Applesauce FG	1 Cup Diet Applesauce	1 Cup Diet Applesauce	X	X

Dietary Manager _____ Approval Date _____ Dietary Consultant *Kethage* _____ Approval Date 1/19/2022

Cycle Day: 19

Dinner

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	1 Each Beverage Rich &	X	X	X	X	X	X	X	X	X	X	X	1 Each Beverage Rich &
Baked Chicken	6 Ounce	X	X	4 Ounce Vegetable Burge	4 Ounce Vegetable Burge	4 Ounce Vegetable Burge	3 Ounce Poultry Patty [PG	X	3 Ounce Poultry Patty [PG	4 Ounce Poultry Patty [PG	X	X	X	X
Dinner Gravv FG	1/2 Cup	X	X	No	No	No	X	X	No	No	1 Fz	1 Fz	X	X
Potatoes FG	1 1/4 Cup	X	X	X	X	X	X	X	1 Cup Rice FG	X	1/2 Cup	1/2 Cup	1 Cup	X
Broccoli Raw Cook Chill	1/2 Cup	X	X	X	X	X	X	X	X	X	1 Cup	1 Cup	X	X
Bread	2 Slice	X	X	X	X	X	X	X	X	2 Each Corn Tortilla	X	X	X	X
Margarine PC	2 Each	X	X	3 Each	3 Each	3 Each	3 Each	X	X	X	3 Each	3 Each	X	X
Cupcake [YMX] FG	Each	X	1/2 Cup Applesauce FG	X	X	3/4 Cup Applesauce FG	1/2 Cup Applesauce FG	X	X	1/2 Cup Applesauce FG	1/2 Cup Diet Applesauce	1/2 Cup Diet Applesauce	X	X
Cupcake Glaze FG	1 Fz	X	No	X	X	No	No	X	X	No	No	No	X	X
Snack 253	No	1 Snack	No	No	No	No	No	No	1 Sack Snack Renal 231	No	No	1 Snack Snack 233	No	1 Snack

Cycle Day: 20

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

Breakfast

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	X	X	X	X	X	X	X	1/2 Cup Beverage Juice /	X	1/2 Cup Beverage Juice /	1/2 Cup Beverage Juice /	X	X
Grits FG	1 1/4 Cup	X	X	X	X	X	X	X	2 Each Egg Boiled Whol	X	3/4 Cup	3/4 Cup	1 Cup	X
Scrambled Eggs	No	No	No	3 WZ	3 WZ	3 WZ	No	No	No	No	3 WZ	3 WZ	No	No
Turkey Hash FG	1 1/4 Cup	X	X	4 Ounce Vegetable Burge	4 Ounce Vegetable Burge	4 Ounce Vegetable Burge	2 Ounce Poultry Patty [PC	X	No	2 WZ Turkey Bologna s	3/4 Cup	3/4 Cup	3/4 Cup Potatoes FG	X
Potatoes FG	No	No	No	No	No	No	No	No	No	1 Cup	No	No	No	No
Biscuit FG	1/48 Cut	X	X	X	X	X	2 Slice White Bread	X	1 Slice White Bread	2 Each Corn Tortilla	X	X	X	X
Margarine PC	No	No	No	No	No	No	No	No	2 Each	No	3 Each	3 Each	No	No
Sugar PC	3 Each	X	X	X	X	X	X	X	X	X	2 Each Sugar Sub	2 Each Sugar Sub	X	X
Coffee	1 Cup	X	X	X	X	X	X	X	X	X	X	X	X	No
Beverage Rich & Tastv	No	1 Each	No	1 Each	1 Each	No	No	No	No	No	1 Each	1 Each	No	1 Each

Lunch

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	1 Each Beverage Rich &	X	X	X	X	X	X	X	X	1 Each Beverage Rich &	1 Each Beverage Rich &	X	1 Each Beverage Rich &
Turkey Salad [TSPC] FG	3 Ounce	X	X	3 Wz Egg Salad FG	3 Wz Egg Salad FG	3 Wz Egg Salad FG	3 Wz Cured Turkey	X	3 Wz Egg Salad FG	X	X	X	3 Wz Egg Salad FG	X
Applesauce FG	No	No	No	No	No	No	No	No	1/2 Cup	No	No	No	No	No
Bread	4 Slice	X	X	X	X	X	X	X	2 Slice	4 Each Corn Tortilla	X	X	X	X
Mustard PC	No	No	No	No	No	No	1 Each	No	No	No	No	No	No	No
Cookies Assorted IW 1.2	1 Each	X	1/2 Cup Applesauce FG	X	X	3/4 Cup Applesauce FG	3/4 Cup Applesauce FG	X	X	1/2 Cup Applesauce FG	1 Cup Diet Applesauce	1 Cup Diet Applesauce	X	X

Dietary Manager _____

Approval Date _____

Dietary Consultant *Ketlage* _____

Approval Date 1/19/2022 _____

Cycle Day: 20

Dinner

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	1 Each Beverage Rich &	X	X	X	X	X	X	X	X	X	X	X	1 Each Beverage Rich &
Salisbury Patty FG	3.6 Ounce	X	X	4 Ounce Vegetable Burge	4 Ounce Vegetable Burge	4 Ounce Vegetable Burge	3 Ounce Poultry Patty [PG	X	3 Ounce Poultry Patty [PG	4 Ounce Poultry Patty [PG	X	X	4 Ounce Poultry Patty [PG	X
Dinner Gravv FG	1/2 Cup	X	X	No	No	No	X	X	No	No	1 Fz	1 Fz	X	X
Potatoes FG	1 1/4 Cup	X	X	X	X	X	X	X	1 Cup Rotini FG	X	1 Cup	1 Cup	1 Cup	X
Glazed Carrots Raw Cook Ch	1/2 Cup	X	X	X	X	X	X	X	X	X	1 Cup Carrots Cooked	1 Cup Carrots Cooked	X	X
TSG Premium Dinner Roll 1.9	1 Each	X	X	X	X	X	X	X	X	2 Each Corn Tortilla	1 Slice White Bread	1 Slice White Bread	X	X
Marqarine PC	2 Each	X	X	3 Each	3 Each	3 Each	3 Each	X	X	X	3 Each	3 Each	X	X
Cupcake [YMX] FG	Each	X	1/2 Cup Applesauce FG	X	X	3/4 Cup Applesauce FG	1/2 Cup Applesauce FG	X	X	1/2 Cup Applesauce FG	1/2 Cup Diet Applesauce	1/2 Cup Diet Applesauce	X	X
Cupcake Glaze FG	1 Fz	X	No	X	X	No	No	X	X	No	No	No	X	X
Snack 253	No	1 Snack	No	No	No	No	No	No	1 Sack Snack Renal 231	No	No	1 Snack Snack 233	No	1 Snack

Cycle Day: 21

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

Breakfast

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	X	X	X	X	X	X	X	1/2 Cup Beverage Juice /	X	1/2 Cup Beverage Juice /	1/2 Cup Beverage Juice /	X	X
Apples Spice FG	3/4 Cup	X	X	X	X	X	X	X	X	X	1/2 Cup Diet Applesauce	1/2 Cup Diet Applesauce	X	X
Oatmeal Cinnamon & Raisin I	1 1/4 Cup	X	X	X	X	X	X	X	1 Cup	Grits FG	3/4 Cup Oatmeal FG 2	3/4 Cup Oatmeal FG 2	1 Cup Grits FG	X
Breakfast Sausage FG	1 Ounce	X	X	1 Each Egg Boiled Whol	1 Each Egg Boiled Whol	1 Each Egg Boiled Whol	1 Wz Turkey Bologna :	X	2 Each Egg Boiled Whol	X	2 Ounce	2 Ounce	3 WZ Scrambled Eggs	X
Biscuit FG	1/48 Cut	X	X	X	X	X	2 Slice White Bread	X	1 Slice White Bread	1 1/4 Cup Lyonnais Potatc	1 Slice White Bread	1 Slice White Bread	X	X
Breakfast Gravy FG	1/2 Cup	X	X	3 Each Margarine	3 Each Margarine	3 Each Margarine	X	X	2 Each Margarine	3 Each Margarine	1 Fz	1 Fz	X	X
Sugar PC	3 Each	X	X	X	X	X	X	X	X	X	2 Each Sugar Sub	2 Each Sugar Sub	X	X
Coffee	1 Cup	X	X	X	X	X	X	X	X	X	X	X	X	No
Beverage Rich & Tasty	No	1 Each	No	1 Each	1 Each	No	No	No	No	No	1 Each	1 Each	No	1 Each

Lunch

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	1 Each Beverage Rich &	X	X	X	X	X	X	X	X	1 Each Beverage Rich &	1 Each Beverage Rich &	X	1 Each Beverage Rich &
Turkey Salami Sliced 1 FG	2 Wz	X	3 Wz	No	No	No	3 Wz	X	1 Wz Turkey Bologna :	X	X	X	No	X
Sliced Cheese	1 Slice	X	No	6 Slices	6 Slices	1 Cup Pinto Bean Salac	No	X	1/2 Cup Applesauce FG	X	X	X	6 Slices	X
TSG Hoaqie Roll 4 FG	Each	X	X	X	X	X	X	X	2 Slice White Bread	4 Each Corn Tortilla	4 Slice White Bread	4 Slice White Bread	X	X
Mustard PC	1 Each	X	X	X	X	3 Each Margarine	X	X	2 Each Margarine	X	X	X	X	X
Cookies Assorted IW 1.2	1 Each	X	1/2 Cup Applesauce FG	X	X	3/4 Cup Applesauce FG	3/4 Cup Applesauce FG	X	X	1/2 Cup Applesauce FG	1 Cup Diet Applesauce	1 Cup Diet Applesauce	X	X

Dietary Manager _____ Approval Date _____ Dietary Consultant *Ketlage* _____ Approval Date 1/19/2022

Cycle Day: 21

Dinner

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	1 Each Beverage Rich &	X	X	X	X	X	X	X	X	X	X	X	1 Each Beverage Rich &
Turkey Ala King FG	1 1/4 Cup	X	3 Ounce Poultry Patty [PG	1 1/2 Cup Pinto Beans FG	3/4 Cup Seasoned Soy C	1 1/2 Cup Pinto Beans FG	1 1/2 Cup Pinto Beans FG	X	3 Ounce Poultry Patty [PG	4 Ounce Poultry Patty [PG	X	X	X	X
Rotini FG	No	No	No	1 Cup	1/2 Cup	1 Cup	1 1/4 Cup	No	1 Cup	1 1/4 Cup Rice FG	No	No	No	No
Mixed Vegetables Raw Cook	1/2 Cup	X	X	X	X	X	X	X	X	X	1 Cup	1 Cup	X	X
Bread	2 Slice	X	X	X	X	X	X	X	X	2 Each Corn Tortilla	X	X	X	X
Margarine PC	2 Each	X	X	3 Each	3 Each	3 Each	3 Each	X	X	X	3 Each	3 Each	X	X
Vanilla Pudding FG	3/4 Cup	X	1/2 Cup Applesauce FG	X	X	Applesauce FG	1/2 Cup Applesauce FG	X	Applesauce FG	1/2 Cup Applesauce FG	1/2 Cup Diet Applesauce	1/2 Cup Diet Applesauce	X	X
Snack 253	No	1 Snack	No	No	No	No	No	No	1 Sack Snack Renal 231	No	No	1 Snack Snack 233	No	1 Snack

Cycle Day: 22

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

Breakfast

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	X	X	X	X	X	X	X	1/2 Cup Beverage Juice /	X	1/2 Cup Beverage Juice /	1/2 Cup Beverage Juice /	X	X
Oatmeal Cinnamon & Raisin I	1 1/4 Cup	X	X	X	X	X	X	X	1 Cup	Grits FG	3/4 Cup Oatmeal FG 2	3/4 Cup Oatmeal FG 2	1 Cup Grits FG	X
Cured Turkey	1 Wz	X	X	1 Each Egg Boiled Whol	1 Each Egg Boiled Whol	1 Each Egg Boiled Whol	X	X	2 Each Egg Boiled Whol	X	2 Wz	2 Wz	3 WZ Scrambled Eggs	X
Biscuit FG	1/48 Cut	X	X	X	X	X	2 Slice White Bread	X	1 Slice White Bread	1 1/4 Cup Lyonnaise Potatc	X	X	X	X
Breakfast Gravy FG	1/2 Cup	X	X	3 Each Margarine	3 Each Margarine	3 Each Margarine	X	X	2 Each Margarine	3 Each Margarine	1 Fz	1 Fz	X	X
Sugar PC	3 Each	X	X	X	X	X	X	X	X	X	2 Each Sugar Sub	2 Each Sugar Sub	X	X
Coffee	1 Cup	X	X	X	X	X	X	X	X	X	X	X	X	No
Beverage Rich & Tasty	No	1 Each	No	1 Each	1 Each	No	No	No	No	No	1 Each	1 Each	No	1 Each

Lunch

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	1 Each Beverage Rich &	X	X	X	X	X	X	X	X	1 Each Beverage Rich &	1 Each Beverage Rich &	X	1 Each Beverage Rich &
Turkey Bologna Sliced 1 FG	2 WZ	X	3 WZ	No	No	No	3 WZ	X	1 Wz	X	X	X	No	X
Sliced Cheese	1 Slice	X	No	6 Slices	6 Slices	1 Cup Pinto Bean Salac	No	X	1/2 Cup Applesauce FG	X	X	X	6 Slices	X
TSG Hoagie Roll 4 FG	Each	X	X	X	X	X	X	X	2 Slice White Bread	4 Each Corn Tortilla	4 Slice White Bread	4 Slice White Bread	X	X
Mustard PC	1 Each	X	X	X	X	3 Each Margarine	X	X	2 Each Margarine	X	X	X	X	X
Cookies Assorted IW 1.2	1 Each	X	1/2 Cup Applesauce FG	X	X	3/4 Cup Applesauce FG	3/4 Cup Applesauce FG	X	X	1/2 Cup Applesauce FG	1 Cup Diet Applesauce	1 Cup Diet Applesauce	X	X

Dietary Manager _____ Approval Date _____ Dietary Consultant *Ketlage* _____ Approval Date 1/19/2022

Cycle Day: 22

Dinner

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	1 Each Beverage Rich &	X	X	X	X	X	X	X	X	X	X	X	1 Each Beverage Rich &
Baked Chicken	6 Ounce	X	X	4 Ounce Vegetable Burge	4 Ounce Vegetable Burge	4 Ounce Vegetable Burge	3 Ounce Poultry Patty [PG	X	3 Ounce Poultry Patty [PG	4 Ounce Poultry Patty [PG	X	X	X	X
Dinner Gravv FG	1/2 Cup	X	X	No	No	No	X	X	No	No	1 Fz	1 Fz	X	X
Pinto Beans FG	1 Cup	X	X	X	3/4 Cup Seasoned Soy C	X	X	Rice FG	Rice FG	1 1/4 Cup	3/4 Cup	3/4 Cup	Rice FG	X
Green Bean Raw Cook Chill	1/2 Cup	X	X	X	X	X	X	X	X	X	1 Cup	1 Cup	X	X
Bread	2 Slice	X	X	X	X	X	X	X	X	2 Each Corn Tortilla	X	X	X	X
Margarine PC	2 Each	X	X	3 Each	3 Each	3 Each	3 Each	X	X	X	3 Each	3 Each	X	X
Cupcake [YMX] FG	Each	X	1/2 Cup Applesauce FG	X	X	3/4 Cup Applesauce FG	1/2 Cup Applesauce FG	X	X	1/2 Cup Applesauce FG	1/2 Cup Diet Applesauce	1/2 Cup Diet Applesauce	X	X
Cupcake Glaze FG	1 Fz	X	No	X	X	No	No	X	X	No	No	No	X	X
Snack 253	No	1 Snack	No	No	No	No	No	No	1 Sack Snack Renal 231	No	No	1 Snack Snack 233	No	1 Snack

Cycle Day: 23

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

Breakfast

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	X	X	X	X	X	X	X	1/2 Cup Beverage Juice /	X	1/2 Cup Beverage Juice /	1/2 Cup Beverage Juice /	X	X
Grits FG	1 1/4 Cup	X	X	X	X	X	X	X	1 Cup	X	3/4 Cup	3/4 Cup	1 Cup	X
Turkey Hash FG	1 1/4 Cup	X	X	4 Ounce Vegetable Burge	4 Ounce Vegetable Burge	4 Ounce Vegetable Burge	2 Ounce Poultry Patty [PG	X	No	2 WZ Turkey Bologna s	No	No	1 Cup	X
Scrambled Eggs	No	No	No	3 WZ	3 WZ	3 WZ	No	No	3 WZ	No	3 WZ	3 WZ	No	No
Potatoes FG	No	No	No	No	No	No	No	No	No	1 Cup	No	No	No	No
Biscuit FG	1/48 Cut	X	X	X	X	X	2 Slice White Bread	X	1 Slice White Bread	2 Each Corn Tortilla	X	X	X	X
Marqarine PC	No	No	No	No	No	No	No	No	2 Each	No	3 Each	3 Each	No	No
Sugar PC	3 Each	X	X	X	X	X	X	X	X	X	2 Each Sugar Sub	2 Each Sugar Sub	X	X
Coffee	1 Cup	X	X	X	X	X	X	X	X	X	X	X	X	No
Beverage Rich & Tasty	No	1 Each	No	1 Each	1 Each	No	No	No	No	No	1 Each	1 Each	No	1 Each

Lunch

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	1 Each Beverage Rich &	X	X	X	X	X	X	X	X	1 Each Beverage Rich &	1 Each Beverage Rich &	X	1 Each Beverage Rich &
Turkev Salad ITSPCI FG	3 Ounce	X	X	3 Wz Egg Salad FG	3 Wz Egg Salad FG	3 Wz Egg Salad FG	3 WZ Turkey Bologna s	X	3 Wz Egg Salad FG	X	X	X	3 Wz Egg Salad FG	X
Applesauce FG	No	No	No	No	No	No	No	No	1/2 Cup	No	No	No	No	No
Bread	4 Slice	X	X	X	X	X	X	X	2 Slice	4 Each Corn Tortilla	X	X	X	X
Mustard PC	No	No	No	No	No	No	1 Each	No	No	No	No	No	No	No
Cookies Assorted IW 1.2	1 Each	X	1/2 Cup Applesauce FG	X	X	3/4 Cup Applesauce FG	3/4 Cup Applesauce FG	X	X	1/2 Cup Applesauce FG	1 Cup Diet Applesauce	1 Cup Diet Applesauce	X	X

Dietary Manager _____ Approval Date _____ Dietary Consultant *Ketlage* _____ Approval Date 1/19/2022

Cycle Day: 23

Dinner

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	1 Each Beverage Rich &	X	X	X	X	X	X	X	X	X	X	X	1 Each Beverage Rich &
Meatloaf FG	3.6 Ounce	X	X	4 Ounce Vegetable Burge	4 Ounce Vegetable Burge	4 Ounce Vegetable Burge	3 Ounce Poultry Patty [PG	X	3 Ounce Poultry Patty [PG	4 Ounce Poultry Patty [PG	X	X	4 Ounce Poultry Patty [PG	X
Dinner Gravv FG	1/2 Cup	X	X	No	No	No	X	X	No	No	1 Fz	1 Fz	X	X
Mac & Cheese FG	1 1/4 Cup	X	1 Cup Pinto Beans FG	X	X	1 Cup Pinto Beans FG	1 Cup Pinto Beans FG	X	1 Cup Macaroni FG	Pinto Beans FG	1 Cup	1 Cup	1 Cup Macaroni FG	X
Glazed Carrots Raw Cook Ch	1/2 Cup	X	X	X	X	X	X	X	X	X	1 Cup Carrots Cooked	1 Cup Carrots Cooked	X	X
TSG Premium Dinner Roll 1.9	1 Each	X	X	X	X	X	X	X	X	2 Each Corn Tortilla	1 Slice White Bread	1 Slice White Bread	X	X
Marqarine PC	2 Each	X	X	3 Each	3 Each	3 Each	3 Each	X	X	X	3 Each	3 Each	X	X
Chocolate Pudding FG	3/4 Cup	X	1/2 Cup Applesauce FG	X	X	Applesauce FG	1/2 Cup Applesauce FG	X	Applesauce FG	1/2 Cup Applesauce FG	1/2 Cup Diet Applesauce	1/2 Cup Diet Applesauce	1/2 Cup Diet Applesauce	X
Snack 253	No	1 Snack	No	No	No	No	No	No	1 Sack Snack Renal 231	No	No	1 Snack Snack 233	No	1 Snack

Cycle Day: 24

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

Breakfast

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	X	X	X	X	X	X	X	1/2 Cup Beverage Juice /	X	1/2 Cup Beverage Juice /	1/2 Cup Beverage Juice /	X	X
Oatmeal Cinnamon & Raisin I	1 1/4 Cup	X	X	X	X	X	X	X	2 Each Egg Boiled Whol	Grits FG	3/4 Cup Oatmeal FG 2	3/4 Cup Oatmeal FG 2	1 Cup Grits FG	X
Scrambled Eggs	3 WZ	X	X	X	X	X	No	X	No	X	X	X	X	X
Turkey Bologna Sliced 1 FG	1 Wz	X	X	No	No	No	2 WZ	X	No	X	X	X	No	X
Biscuit FG	1/48 Cut	X	X	X	X	X	2 Slice White Bread	X	1 Slice White Bread	1 1/4 Cup Lyonnaise Potatc	X	X	X	X
Breakfast Gravy FG	1/2 Cup	X	X	3 Each Margarine	3 Each Margarine	3 Each Margarine	X	X	2 Each Margarine	3 Each Margarine	1 Fz	1 Fz	X	X
Sugar PC	3 Each	X	X	X	X	X	X	X	X	X	2 Each Sugar Sub	2 Each Sugar Sub	X	X
Coffee	1 Cup	X	X	X	X	X	X	X	X	X	X	X	X	No
Beverage Drink	1 Cup	X	No	X	X	X	X	X	X	X	X	X	X	X

Lunch

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	1 Each Beverage Rich &	X	X	X	X	X	X	X	X	1 Each Beverage Rich &	1 Each Beverage Rich &	X	1 Each Beverage Rich &
Cured Turkey	2 Wz	X	3 Wz	No	No	No	3 Wz	X	1 Wz Turkey Bologna :	X	X	X	No	X
Sliced Cheese	1 Slice	X	No	6 Slices	6 Slices	1 Cup Pinto Bean Salac	No	X	1/2 Cup Applesauce FG	X	X	X	6 Slices	X
TSG Hoaqie Roll 4 FG	Each	X	X	X	X	X	X	X	X	4 Each Corn Tortilla	4 Slice White Bread	4 Slice White Bread	X	X
Mustard PC	1 Each	X	X	X	X	3 Each Margarine	X	X	2 Each Margarine	X	X	X	X	X
Cookies Assorted IW 1.2	1 Each	X	1/2 Cup Applesauce FG	X	X	3/4 Cup Applesauce FG	3/4 Cup Applesauce FG	X	X	1/2 Cup Applesauce FG	1 Cup Diet Applesauce	1 Cup Diet Applesauce	X	X

Dietary Manager _____ Approval Date _____ Dietary Consultant *Kethage* _____ Approval Date 1/19/2022

Cycle Day: 24

Dinner

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	1 Each Beverage Rich &	X	X	X	X	X	X	X	X	X	X	X	1 Each Beverage Rich &
Ziti w/Meat Sauce FG	1 1/4 Cup	X	X	4 Ounce Vegetable Burge	4 Ounce Vegetable Burge	4 Ounce Vegetable Burge	3 Ounce Poultry Patty [PG	X	3 Ounce Poultry Patty [PG	4 Ounce Poultry Patty [PG	X	X	X	X
Rotini FG	No	No	No	1 Cup	1/2 Cup	1 Cup	1 1/4 Cup	No	1 Cup	1 1/4 Cup Rice FG	No	No	No	No
Mixed Vegetables Raw Cook	1/2 Cup	X	X	X	X	X	X	X	X	X	1 Cup	1 Cup	X	X
TSG Premium Dinner Roll 1.9	1 Each	X	X	X	X	X	X	X	X	2 Each Corn Tortilla	X	X	X	X
Margarine PC	2 Each	X	X	3 Each	3 Each	3 Each	3 Each	X	X	X	3 Each	3 Each	X	X
Cupcake [YMX] FG	Each	X	1/2 Cup Applesauce FG	X	X	3/4 Cup Applesauce FG	1/2 Cup Applesauce FG	X	X	1/2 Cup Applesauce FG	1/2 Cup Diet Applesauce	1/2 Cup Diet Applesauce	X	X
Cupcake Glaze FG	1 Fz	X	No	X	X	No	No	X	X	No	No	No	X	X
Snack 253	No	1 Snack	No	No	No	No	No	No	1 Sack Snack Renal 231	No	No	1 Snack Snack 233	No	1 Snack

Cycle Day: 25

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

Breakfast

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	X	X	X	X	X	X	X	1/2 Cup Beverage Juice /	X	1/2 Cup Beverage Juice /	1/2 Cup Beverage Juice /	X	X
Grits FG	1 1/4 Cup	X	X	X	X	X	X	X	1 Cup	X	3/4 Cup	3/4 Cup	1 Cup	X
Scrambled Eggs	3 WZ	X	X	X	X	X	No	X	2 Each Egg Boiled Whol	X	X	X	X	X
Breakfast Sausage FG	1 Ounce	X	X	No	No	No	1 Wz Cured Turkey	X	X	X	2 Ounce	2 Ounce	X	X
Cornbread FG	1/48 Cut	X	2 Slice White Bread	X	X	2 Slice White Bread	2 Slice White Bread	X	1 Slice White Bread	2 Each Corn Tortilla	X	X	X	X
Margarine PC	No	No	No	No	No	No	No	No	2 Each	No	3 Each	3 Each	No	No
Sugar PC	3 Each	X	X	X	X	X	X	X	X	X	2 Each Sugar Sub	2 Each Sugar Sub	X	X
Coffee	1 Cup	X	X	X	X	X	X	X	X	X	X	X	X	No
Beverage Rich & Tasty	No	1 Each	No	1 Each	1 Each	No	No	No	No	No	1 Each	1 Each	No	1 Each

Lunch

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	1 Each Beverage Rich &	X	X	X	X	X	X	X	X	1 Each Beverage Rich &	1 Each Beverage Rich &	X	1 Each Beverage Rich &
Peanut Butter PC 2	1 Each	X	X	X	X	3 Wz Egg Salad FG	3 WZ Turkey Bologna :	X	X	X	X	X	X	X
Jelly Apple PC 1	1 Each	X	X	X	X	No	No	X	X	X	No	No	X	X
Bread	4 Slice	X	X	X	X	X	X	X	X	4 Each Corn Tortilla	3 Slice	3 Slice	X	X
Margarine PC	No	No	No	No	No	3 Each	1 Each Mustard PC	No	No	No	No	No	No	No
Cookies Assorted IW 1.2	1 Each	X	1/2 Cup Applesauce FG	X	X	3/4 Cup Applesauce FG	3/4 Cup Applesauce FG	X	X	1/2 Cup Applesauce FG	1 Cup Diet Applesauce	1 Cup Diet Applesauce	X	X

Dietary Manager _____ Approval Date _____ Dietary Consultant *Ketlage* _____ Approval Date 1/19/2022

Cycle Day: 25

Dinner

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	1 Each Beverage Rich &	X	X	X	X	X	X	X	X	X	X	X	1 Each Beverage Rich &
Chicken & Rice FG	1 1/4 Cup	X	X	4 Ounce Vegetable Burge	4 Ounce Vegetable Burge	4 Ounce Vegetable Burge	3 Ounce Poultry Patty [PG	X	3 Ounce Poultry Patty [PG	X	3/4 Cup	3/4 Cup	4 Ounce Poultry Patty [PG	X
Rice FG	No	No	No	1 Cup	1/2 Cup	1 Cup	1 1/4 Cup	No	1 Cup	No	No	No	1 Cup	No
BBQ Beans FG	3/4 Cup	X	X	1 Cup	Seasoned Soy C	1 Cup	1 Cup Pinto Beans FG	No	No	1 Cup	1/2 Cup Pinto Beans FG	1/2 Cup Pinto Beans FG	No	X
Glazed Carrots Raw Cook Ch	1/2 Cup	X	X	X	X	X	X	3/4 Cup	X	X	1 Cup Carrots Cooked	1 Cup Carrots Cooked	X	X
TSG Premium Dinner Roll 1.9	1 Each	X	X	X	X	X	X	2 Each	X	2 Each Corn Tortilla	1 Slice White Bread	1 Slice White Bread	X	X
Marqarine PC	2 Each	X	X	3 Each	3 Each	3 Each	3 Each	X	X	X	3 Each	3 Each	X	X
Vanilla Pudding FG	3/4 Cup	X	1/2 Cup Applesauce FG	X	X	Applesauce FG	1/2 Cup Applesauce FG	X	Applesauce FG	1/2 Cup Applesauce FG	1/2 Cup Diet Applesauce	1/2 Cup Diet Applesauce	X	X
Snack 253	No	1 Snack	No	No	No	No	No	No	1 Sack Snack Renal 231	No	No	1 Snack Snack 233	No	1 Snack

Cycle Day: 26

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

Breakfast

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	X	X	X	X	X	X	X	1/2 Cup Beverage Juice /	X	1/2 Cup Beverage Juice /	1/2 Cup Beverage Juice /	X	X
Frosted Flakes	1 Cup	X	X	X	X	X	X	X	3/4 Cup	X	3/4 Cup Cold Cereal	3/4 Cup Cold Cereal	X	X
Grits FG	1 1/4 Cup	X	X	X	X	X	X	X	1 Cup	X	No	No	1 Cup	X
Turkey Bologna Sliced 1 FG	1 Wz	X	X	1 Each Egg Boiled Whol	1 Each Egg Boiled Whol	1 Each Egg Boiled Whol	X	X	2 Each Egg Boiled Whol	X	2 WZ	2 WZ	3 WZ Scrambled Eggs	X
Biscuit FG	1/48 Cut	X	X	X	X	X	2 Slice White Bread	X	1 Slice White Bread	1 1/4 Cup Lyonnais Potatc	X	X	X	X
Breakfast Gravv FG	1/2 Cup	X	X	3 Each Margarine	3 Each Margarine	3 Each Margarine	X	X	2 Each Margarine	3 Each Margarine	1 Fz	1 Fz	X	X
Sugar PC	3 Each	X	X	X	X	X	X	X	X	X	2 Each Sugar Sub	2 Each Sugar Sub	X	X
Coffee	1 Cup	X	X	X	X	X	X	X	X	X	X	X	X	No
Beverage Drink	1 Cup	X	No	X	X	X	X	X	X	X	X	X	X	X

Lunch

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	1 Each Beverage Rich &	X	X	X	X	X	X	X	X	1 Each Beverage Rich &	1 Each Beverage Rich &	X	1 Each Beverage Rich &
Turkey Bologna Sliced 1 FG	2 WZ	X	3 WZ	No	No	No	3 WZ	X	1 Wz	X	X	X	No	X
Sliced Cheese	1 Slice	X	No	6 Slices	6 Slices	1 Cup Pinto Bean Salac	No	X	1/2 Cup Applesauce FG	X	X	X	6 Slices	X
TSG Hoaqie Roll 4 FG	Each	X	X	X	X	X	X	X	X	4 Each Corn Tortilla	4 Slice White Bread	4 Slice White Bread	X	X
Mustard PC	1 Each	X	X	X	X	3 Each Margarine	X	X	2 Each Margarine	X	X	X	X	X
Cookies Assorted IW 1.2	1 Each	X	1/2 Cup Applesauce FG	X	X	3/4 Cup Applesauce FG	3/4 Cup Applesauce FG	X	X	1/2 Cup Applesauce FG	1 Cup Diet Applesauce	1 Cup Diet Applesauce	X	X

Dietary Manager _____ Approval Date _____ Dietary Consultant *Kethage* _____ Approval Date 1/19/2022

Cycle Day: 26

Dinner

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	1 Each Beverage Rich &	X	X	X	X	X	X	X	X	X	X	X	1 Each Beverage Rich &
Turkey Breast Sliced 1 FG	3 Wz	X	X	4 Ounce Vegetable Burge	4 Ounce Vegetable Burge	4 Ounce Vegetable Burge	X	X	3 Ounce Poultry Patty [PG	X	X	X	4 Ounce Poultry Patty [PG	X
Dinner Gravv FG	1/2 Cup	X	X	No	No	No	X	X	No	No	1 Fz	1 Fz	X	X
Stuffing FG	1/48 Cut	X	X	X	X	X	1 1/4 Cup Potatoes FG	X	1 Cup Rotini FG	1 1/4 Cup Rice FG	X	X	1 Cup Rotini FG	X
Mixed Vegetables Raw Cook	1/2 Cup	X	X	X	X	X	X	X	X	X	1 Cup	1 Cup	X	X
Bread	2 Slice	X	X	X	X	X	X	X	X	2 Each Corn Tortilla	1 Slice	1 Slice	X	X
Margarine PC	2 Each	X	X	3 Each	3 Each	3 Each	3 Each	X	X	X	3 Each	3 Each	X	X
Cupcake [YMX] FG	Each	X	1/2 Cup Applesauce FG	X	X	3/4 Cup Applesauce FG	1/2 Cup Applesauce FG	X	X	1/2 Cup Applesauce FG	1/2 Cup Diet Applesauce	1/2 Cup Diet Applesauce	X	X
Cupcake Glaze FG	1 Fz	X	No	X	X	No	No	X	X	No	No	No	X	X
Snack 253	No	1 Snack	No	No	No	No	No	No	1 Sack Snack Renal 231	No	No	1 Snack Snack 233	No	1 Snack

Cycle Day: 27

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

Breakfast

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	X	X	X	X	X	X	X	1/2 Cup Beverage Juice /	X	1/2 Cup Beverage Juice /	1/2 Cup Beverage Juice /	X	X
Lyonnais Potatoes FG	1 1/4 Cup	X	X	X	X	X	1 Cup Potatoes FG	X	1 Cup Oatmeal Cinnam	X	1 Cup	1 Cup	3/4 Cup Potatoes FG	X
Turkey Hashbrown Casserole	1 1/4 Cup	X	X	1 Each Egg Boiled Whol	1 Each Egg Boiled Whol	1 Each Egg Boiled Whol	2 Wz Cured Turkey	X	2 Each Egg Boiled Whol	2 Wz Cured Turkey	2 Wz Cured Turkey	2 Wz Cured Turkey	2 Each Egg Boiled Whol	X
Biscuit FG	1/48 Cut	X	X	X	X	X	2 Slice White Bread	X	1 Slice White Bread	2 Each Corn Tortilla	X	X	X	X
Margarine PC	No	No	No	No	No	No	No	No	2 Each	No	3 Each	3 Each	No	No
Sugar PC	3 Each	X	X	X	X	X	X	X	X	X	2 Each Sugar Sub	2 Each Sugar Sub	X	X
Coffee	1 Cup	X	X	X	X	X	X	X	X	X	X	X	X	No
Beverage Rich & Tasty	No	1 Each	No	1 Each	1 Each	No	No	No	No	No	1 Each	1 Each	No	1 Each

Lunch

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	1 Each Beverage Rich &	X	X	X	X	X	X	X	X	1 Each Beverage Rich &	1 Each Beverage Rich &	X	1 Each Beverage Rich &
Turkey Salad [TSPC] FG	3 Ounce	X	X	3 Wz Egg Salad FG	3 Wz Egg Salad FG	3 Wz Egg Salad FG	3 Wz Cured Turkey	X	3 Wz Egg Salad FG	X	X	X	3 Wz Egg Salad FG	X
Applesauce FG	No	No	No	No	No	No	No	No	1/2 Cup	No	No	No	No	No
Bread	4 Slice	X	X	X	X	X	X	X	2 Slice	4 Each Corn Tortilla	X	X	X	X
Mustard PC	No	No	No	No	No	No	1 Each	No	No	No	No	No	No	No
Cookies Assorted IW 1.2	1 Each	X	1/2 Cup Applesauce FG	X	X	3/4 Cup Applesauce FG	3/4 Cup Applesauce FG	X	X	1/2 Cup Applesauce FG	1 Cup Diet Applesauce	1 Cup Diet Applesauce	X	X

Dietary Manager _____ Approval Date _____ Dietary Consultant *Ketlage* _____ Approval Date 1/19/2022

Cycle Day: 27

Dinner

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	1 Each Beverage Rich &	X	X	X	X	X	X	X	X	X	X	X	1 Each Beverage Rich &
Baked Chicken	6 Ounce	X	X	4 Ounce Vegetable Burge	4 Ounce Vegetable Burge	4 Ounce Vegetable Burge	3 Ounce Poultry Patty [PG	X	3 Ounce Poultry Patty [PG	4 Ounce Poultry Patty [PG	X	X	X	X
Spaghetti w/Italian Red Sauce	1 Cup	X	X	X	X	X	1 1/4 Cup Spaghetti FG	X	Spaghetti FG	1 1/4 Cup Rice FG	X	X	X	X
Glazed Carrots Raw Cook Ch	1/2 Cup	X	X	X	X	X	X	X	X	X	1 Cup Carrots Cooked	1 Cup Carrots Cooked	X	X
TSG Premium Dinner Roll 1.9	1 Each	X	X	X	X	X	X	X	X	2 Each Corn Tortilla	X	X	X	X
Margarine PC	2 Each	X	X	3 Each	3 Each	3 Each	3 Each	X	X	X	3 Each	3 Each	X	X
Cupcake [YMX] FG	Each	X	1/2 Cup Applesauce FG	X	X	3/4 Cup Applesauce FG	1/2 Cup Applesauce FG	X	X	1/2 Cup Applesauce FG	1/2 Cup Diet Applesauce	1/2 Cup Diet Applesauce	X	X
Cupcake Glaze FG	1 Fz	X	No	X	X	No	No	X	X	No	No	No	X	X
Snack 253	No	1 Snack	No	No	No	No	No	No	1 Sack Snack Renal 231	No	No	1 Snack Snack 233	No	1 Snack

Cycle Day: 28

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

Breakfast

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	X	X	X	X	X	X	X	1/2 Cup Beverage Juice /	X	1/2 Cup Beverage Juice /	1/2 Cup Beverage Juice /	X	X
Applesauce FG	3/4 Cup	X	X	X	X	X	X	X	X	X	1/2 Cup Diet Applesauce	1/2 Cup Diet Applesauce	X	X
Oatmeal Cinnamon & Raisin I	1 1/4 Cup	X	X	X	X	X	X	X	1 Cup	Grits FG	3/4 Cup Oatmeal FG 2	3/4 Cup Oatmeal FG 2	1 Cup Grits FG	X
Breakfast Sausage FG	1 Ounce	X	X	1 Each Egg Boiled Whol	1 Each Egg Boiled Whol	1 Each Egg Boiled Whol	1 Wz Turkey Bologna :	X	2 Each Egg Boiled Whol	X	2 Ounce	2 Ounce	3 WZ Scrambled Eggs	X
Biscuit FG	1/48 Cut	X	X	X	X	X	2 Slice White Bread	X	1 Slice White Bread	1 1/4 Cup Lyonnaise Potatc	1 Slice White Bread	1 Slice White Bread	X	X
Breakfast Gravy FG	1/2 Cup	X	X	3 Each Margarine	3 Each Margarine	3 Each Margarine	X	X	2 Each Margarine	3 Each Margarine	1 Fz	1 Fz	X	X
Sugar PC	3 Each	X	X	X	X	X	X	X	X	X	2 Each Sugar Sub	2 Each Sugar Sub	X	X
Coffee	1 Cup	X	X	X	X	X	X	X	X	X	X	X	X	No
Beverage Rich & Tasty	No	1 Each	No	1 Each	1 Each	No	No	No	No	No	1 Each	1 Each	No	1 Each

Lunch

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	1 Each Beverage Rich &	X	X	X	X	X	X	X	X	1 Each Beverage Rich &	1 Each Beverage Rich &	X	1 Each Beverage Rich &
Turkey Salami Sliced 1 FG	2 Wz	X	3 Wz	No	No	No	3 Wz	X	1 Wz Turkey Bologna :	X	X	X	No	X
Sliced Cheese	1 Slice	X	No	6 Slices	6 Slices	1 Cup Pinto Bean Salac	No	X	1/2 Cup Applesauce FG	X	X	X	6 Slices	X
TSG Hoaqie Roll 4 FG	Each	X	X	X	X	X	X	X	X	4 Each Corn Tortilla	4 Slice White Bread	4 Slice White Bread	X	X
Mustard PC	1 Each	X	X	X	X	3 Each Margarine	X	X	2 Each Margarine	X	X	X	X	X
Cookies Assorted IW 1.2	1 Each	X	1/2 Cup Applesauce FG	X	X	3/4 Cup Applesauce FG	3/4 Cup Applesauce FG	X	X	1/2 Cup Applesauce FG	1 Cup Diet Applesauce	1 Cup Diet Applesauce	X	X

Dietary Manager _____ Approval Date _____ Dietary Consultant *Kethage* _____ Approval Date 1/19/2022

Cycle Day: 28

Dinner

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

	Regular	Preg/Enhance	LoLactose	VegLacto/Ovo	VegeNoBeans	Veg NoPB/NoD	AlrgyEPFSDOT	No Beans	Renal	GlutRstrict	DB2200 No HS	DB2500	Lo Residue	Juvenile
Beverage	1 Cup	1 Each Beverage Rich &	X	X	X	X	X	X	X	X	X	X	X	1 Each Beverage Rich &
Cured Turkey	3 Wz	X	X	4 Ounce Vegetable Burge	4 Ounce Vegetable Burge	4 Ounce Vegetable Burge	X	X	3 Ounce Poultry Patty [PG	X	X	X	4 Ounce Poultry Patty [PG	X
Rice FG	No	No	No	No	No	No	1 1/4 Cup	No	1 Cup	No	No	No	1 Cup	No
BBQ Sauce	2 FZ	X	X	No	No	No	No	X	No	No	1 FZ	1 FZ	No	X
Lvonnaise Potatoes FG	1 1/4 Cup	X	X	X	X	X	Pinto Beans FG	X	No	X	3/4 Cup	3/4 Cup	No	X
Green Bean Raw Cook Chill	1/2 Cup	X	X	X	X	X	X	X	X	X	1 Cup	1 Cup	X	X
Bread	2 Slice	X	X	X	X	X	X	X	X	2 Each Corn Tortilla	X	X	X	X
Margarine PC	2 Each	X	X	3 Each	3 Each	3 Each	3 Each	X	X	X	3 Each	3 Each	X	X
Chocolate Pudding FG	3/4 Cup	X	1/2 Cup Applesauce FG	X	X	Applesauce FG	1/2 Cup Applesauce FG	X	Applesauce FG	1/2 Cup Applesauce FG	1/2 Cup Diet Applesauce	1/2 Cup Diet Applesauce	1/2 Cup Diet Applesauce	X
Snack 253	No	1 Snack	No	No	No	No	No	No	1 Sack Snack Renal 231	No	No	1 Snack Snack 233	No	1 Snack